

OUR IMPACT

2022



Family Services
communities without limits





A Message from our **Chief Executive Officer** **Leah Feldman**

Dear Family,

What a year it's been! 2022 was remarkable for Family Services. We made tremendous progress on our capital campaign and several revolutionary capital projects. We enhanced and expanded services to meet growing needs, reaching youth and families in new and creative ways. We nurtured collaborations and welcomed new partners into our building. We saw the end of a decade of inspiring leadership by Brian Doyle and the beginning of a new era of leadership. Most importantly, **we impacted nearly 17,000 children, adults, and families right here in the Hudson Valley.**

2022 also brought a national growing mental health crisis, violence impacting our youth, heightened needs for families as costs of living rapidly grew, as well as enduring impacts and a new way of life emerging from the pandemic. We faced unprecedented staffing turnover, resulting in the recruitment and on-boarding of more than 100 new staff.

Our fundamental values of **hope, compassion, respect, justice, quality, integrity, diversity, and community** are how we have overcome and flourished with each obstacle we have faced. Each day, I witness a remarkable commitment and journey, great hope, and renewed energy. **Helping people to survive and thrive.**

I am blessed to work alongside some of the most **imaginative, intelligent, and passionate** people I have ever met. My sincerest gratitude to our staff and partners for committing your lives to helping others. My deepest appreciation to our friends, donors, and supporters. It takes a village, and we could not do this without you.

Family Services is a beacon of hope for the community. In 2023 we will continue to honor the people we serve as we forge ahead fighting for **equality, equity, and social justice.**

Thank you for being part of our family.

Family Services Strong!

A handwritten signature in blue ink that reads "Together Leah".

Our Mission

Family Services brings people together to find the support they need, improving their lives and communities, and building a stronger safer Hudson Valley.

Our Vision

Stronger, safer communities where everyone has the opportunity to lead their best lives.

Our History

Since 1879, Family Services has been an anchor in the mid-Hudson Valley community. For generations, safety, community, and support have remained at the heart of our work and we remain steadfast in our mission of ensuring a region that is healthy and thriving.



Please scan for more information about our programs and services.



We are for
community
for **hope**
for **opportunity**



Behavioral Health

We assure access for all adults to high quality behavioral health centers in Dutchess and Ulster counties. Our counseling and medical staff help people find their way towards recovery without stigma.

Beacon Behavioral Health Center
Dover Behavioral Health Center
Ellenville Behavioral Health Center
Highland Behavioral Health Center
Kingston Behavioral Health Center
Millbrook Behavioral Health Center
Poughkeepsie Behavioral Health Center
Rhinebeck Behavioral Health Center
Re-Entry Stabilization Transition and Reintegration Track Program (RESTART)

Community Safety

We work with individuals who have a history of gun-related violence or domestic violence to help them learn a healthier approach to the people in their lives and their communities.

Domestic Violence Offender Project (DVOP)
SNUG

Prevention

We are regional leaders in programming that increases individual's awareness and coping skills to reduce sexual violence, gun violence, and substance use.

Gun Involved Violence Elimination (GIVE)
Sexual Violence Prevention
Ulster Prevention Council (UPC)

Family Programs

We provide critical support to stabilize families and ensure child safety.

Children's Center at Dutchess County Family Court
Orange County Family Education Program
Supervised Visitation Program
Ulster County Family Education Program

Victim Services

We provide 24/7 support to victims of violence & other crimes. We are recognized leaders in the community's response to domestic violence and sexual assault, helping victims understand they are not alone, their safety is a priority, and they have options.

Center for Victim Safety and Support
Universal Response to Domestic Violence
Sexual Assault Response Team

Youth Services

We give youth a sense of belonging in a place where they can develop their athletic, academic, creative, workforce and social skills in fun, supportive, & challenging ways.

Teen Resource Activity Center (TRAC)

Family Partnership Center

We are available to the community as a place to come together for conversation and the exchange of ideas, to participate in athletics and arts programming, and where a variety of nonprofits can co-locate and collaborate to offer enhanced services that create real access. Partners include:

Acts of Simple Kindness

CMedtraining*

Comunilife

Dutchess Community College

Dutchess County Department of Community & Behavioral Health

Dutchess County Healthy Families

Dutchess Outreach

Family Services

Financial Development Center - Heritage Financial Credit Union

Finish Strong Wellness Center, Inc.

Flores Chiropractic Group

For the Many

John Flowers Community Events

Legal Services of the Hudson Valley

Mighty Young Techs*

MVP Network Consulting

Planned Parenthood of Greater New York

Poughkeepsie District's Sadie Peterson Delaney African Roots Library

Poughkeepsie Performing Arts Academy

Public Policy and Educational Fund of NY

Prime Health Choice

R.E.A.L Skills Network, Inc.

Rebuilding Our Children and Community

Sun River Health Care

The Love Quest Foundation

** New in 2023*

Our Family

Board of Directors*



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Family Services Senior Leadership



Leah Feldman, MPA
Chief Executive Officer
(Chief Program Officer Jan-Nov 2022)



Natalie Borquist, CNAP
Chief Administrative Officer

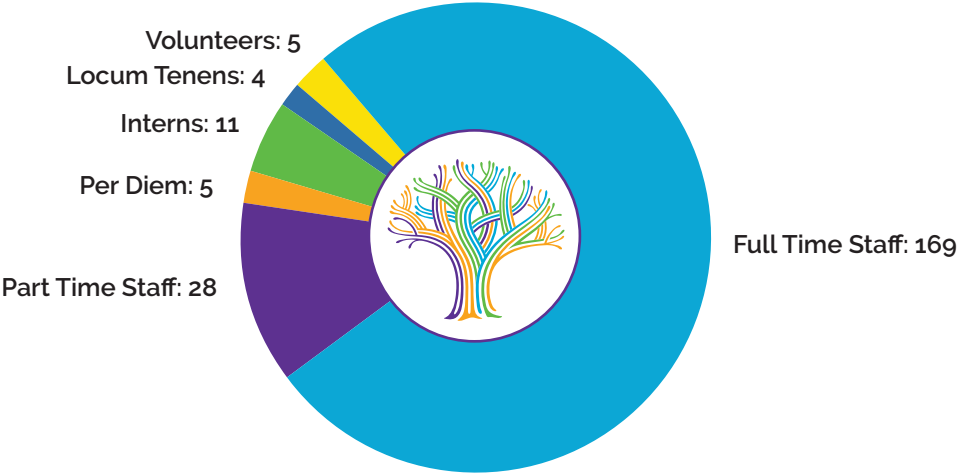


Brian Doyle, MPA
Chief Advisor
(CEO Jan-Nov 2022)

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Tina Valentino, LCSW

*Members as of December 31, 2022

222 people worked, volunteered or interned at Family Services in 2022



Our Clients



People here really take the time to listen to your story and are genuinely motivated to help at all times.

TRAC helps me keep my mind off of negative things and keeps my mind on positive things.

I feel valued, validated, and cared about.

I am deeply grateful to my psychiatrist and my therapist, and the remainder of the staff at my center. Their impact on my life has been deeply transformative and meaningful and came at a time where I questioned whether I would have otherwise been able to survive. Now I thrive. Every moment feels like a gift and for the first time in my life, I am afraid of dying instead of perpetually praying for death.

I like that my educator creates a safe space and the number one priority is making sure that everyone is comfortable.

This program has really been a blessing to my everyday life.

I like having a safe space to learn and grow and talk.

What I like the most is the environment, the ability to give the feeling of home and somewhat normalcy for my child and me.

I like everything about SNUG but most important the check ins and the attentiveness makes me feel like a part of the family.

88% of clients in Behavioral Health believe they have a positive and collaborative relationship with their therapist in which they feel heard, connected, and supported.

94% of clients in our Family Programs feel their family has made positive changes because of the program.

82% of clients in our Prevention Programs say the lessons they learned can help them in their life.

93% of youth feel that the Teen Resource Activity Center has made a positive impact in their life.

100% of clients say the services they received from the Center for Victim Safety and Support were helpful.

100% of clients say the services they received from SNUG were helpful.



We are creating a safe and welcoming space deserving of our clients and partners by progressing our capital projects!



New Family Partnership Center Front Entryway in progress.

Family Programs

For the first time, our Family Programs can offer clinical support to families in addition to parenting education. Our Orange County Family Education Program now offers **Family Therapy** for parents and their children to enhance our work with families. Beyond teaching **nurturing parenting skills**, we are addressing additional challenges faced by families such as how trauma impacts the family.

Community Safety

Our Domestic Violence Offender Project (DVOP) supported the Dutchess County Sheriff's Office's (DCSO) work on executing outstanding warrants for domestic violence offenders. Of the offenders targeted for warrant execution, DCSO was able to execute **70%** of those open warrants successfully because of DVOP, creating the **opportunity for safety** for victims and their children.



Youth Services

We had nearly **400 youth** participate in TRAC summer programming. For the first time ever, we had programming 6 days a week for 8 hours each day giving youth a **safe, welcoming, and FUN place** to be all throughout July and August.



Behavioral Health

Our new Poughkeepsie Behavioral Health Center will now house Sun River Health and Genoa Pharmacy creating an **innovative integrated care model** where clients will have their physical health and mental health needs met as well as have easy access to their medication.

Family Partnership Center

We hosted over **16 community events** in collaboration with our partners including grand opening events for **2 new partners**—Poughkeepsie Library District's Sadie Peterson Delaney African Roots Library and Heritage Financial Credit Union Financial Development Center!

.....



Prevention:

Teen Intervene is growing throughout Ulster County, an **evidence based** brief intervention for teens experiencing mild to moderate problems associated with alcohol and other drug use as well as gambling. In 2022, Ulster Prevention Council had **62 Teen Intervene referrals** serving youth directly in the schools in Marlboro, Ellenville and Rondout School Districts as well as in the community through partnership with Ulster County Probation.

Victim Services

Thanks to one time supports from NYS, our Center for Victim Safety and Support was able to provide an unprecedented amount of emergency assistance to help victims of domestic violence find safety. We helped **36 families stay safe** in their home by assisting with rent, utilities, and other safety measures and assisted **54 clients and children relocate** to safe housing.

We are furthering our vision of strengthening our community by enhancing and expanding our programs to meet growing needs.

Events

Our 2022 **Family of the Year** honored two incredible Hudson Valley families—The Rohde Family, Good Neighbor Award and Jim and Gina Sullivan, Quality of Life Award. The event raised **\$173,310** to support our critical services!



Our 12th Annual **Walk a Mile in Her Shoes** event brought the community together to **take a stand** against gender based violence and raised **\$46,000** to support our community!



Our 2nd Annual **Festival of Trees** brought great holiday cheer, a “Get your Chocolate On” event, and Teddy Bear Tea for the kids, raising **\$22,000** for our important work!



Our Impact

42,488

Therapy services
provided through our
Behavioral Health Centers



61 cases of sexual violence reviewed
by our Sexual Assault Response Team

318 youth
participated in
TRAC field trips

140 violence interrupting
mediations conducted by SNUG



269 individuals participated
in the **Mentors in Violence
Prevention** Program

8,522
safety plans
completed with victims

OC Family
Education
Program served
101 parents
and children

Children's Center
at Dutchess County
Family Court
served **147** children

57 **TEENS**
participated in
GIVE workshops

46
SNUG
events

Teen Resource Activity Center
served **910** youth

Supervised
Visitation Program
served **37** parents
and children

23
COMMUNITY PARTNERS
housed at the
Family Partnership Center

Ulster
Prevention
Council
reached
2,546
individuals

Sexual Violence
Prevention Program
reached **459** individuals

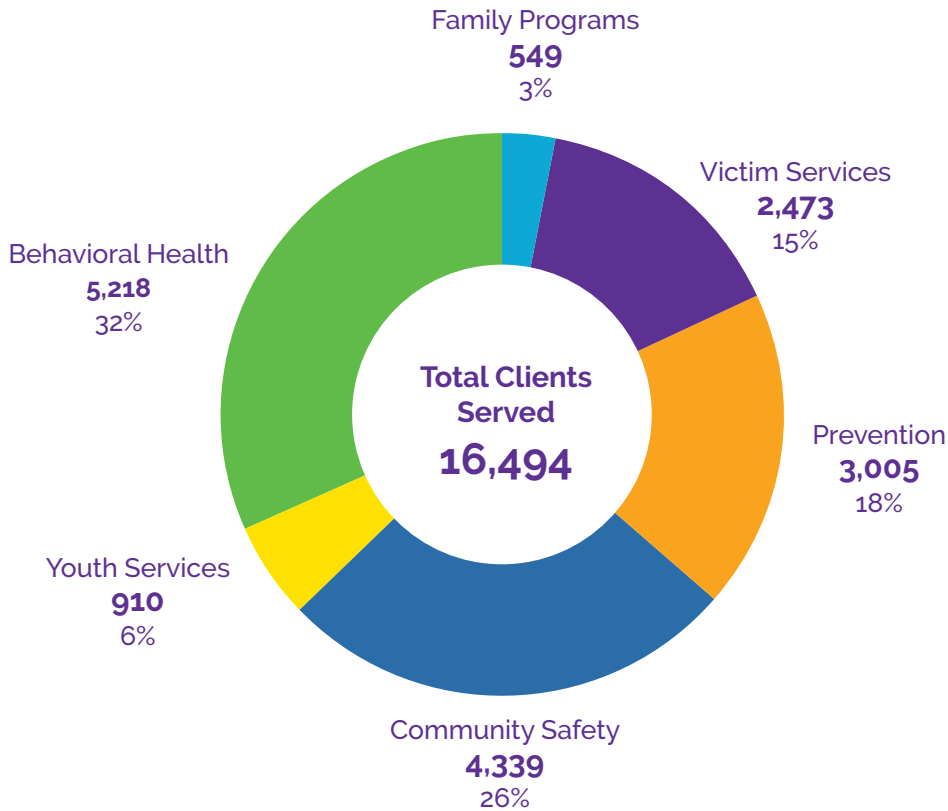
58 children served by the OC Family Education Program
were able to safely stay in the custody of their parents

40 to 80
TEENS PER NIGHT
at **TRAC**

UC Family
Education
Program served
264
parents
and children

RESTART
provided treatment
and re-entry
services to
153 inmates

2,318
Lethality
Assessment
Screens
completed by
Law Enforcement



Family Partnership Center Over 95% Occupancy Rate



Our Family Education Programs provided a total of **1,528** visits

6,202 calls to our Victim Services 24 hour hotlines

SNUG reached **4,265** individuals

877

GROUP THERAPY services provided through our Behavioral Health Centers

1,445 youth participated in the Too Good for Drugs curriculum

Total Children Served **5,181**

28

families participated in the Parenting Journey I and Nurturing Parenting groups

Domestic Violence Offender Project provided interventions to **74** offenders

We are Grateful to Our Supporters

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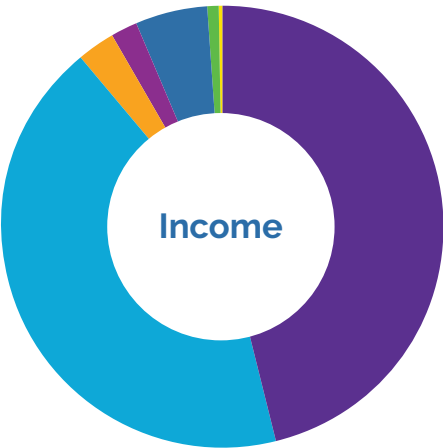
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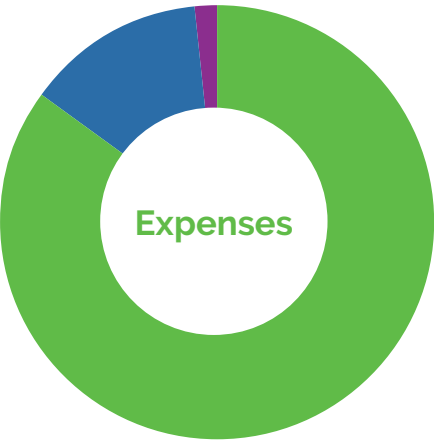


Financial Overview *



Contract & Grants \$10,498,307	Rental Income \$1,176,657
Client Services Fees \$9,781,202	Special Events \$242,310
Contributions \$558,318	Other \$36,408
In-kind Contributions \$470,647	

Total Support and Revenue: \$22,762,849



Programs & Services \$19,100,003
Management & General \$3,013,213
Fundraising \$334,922

Total Expenses: \$22,448,138

**Estimated Preliminary, Unaudited Operating Results. Does not include Capital Investments.*



Rendering of new Family Partnership Center Front Entryway.

\$7.7 Million

\$1.4 Million to Go!

Standing Together, Standing Strong Capital Campaign

Through the love of our donors we have strengthened our community by cultivating support of our **Standing Together, Standing Strong Capital Campaign** and met \$7.7M of our \$9.1M goal which has supported the execution of several revolutionary capital projects!

Make an IMPACT

Join Our Family

Jobs



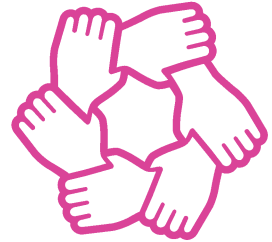
We are seeking dedicated individuals who share our values and want to get involved with strengthening their community. If this sounds like you, please check out our open positions and apply now. Start making a difference today.

Apply Now

Volunteer



If you can make time to help us, we can find a way to put your talents to good use. Whether you are interested in a short term project or a long term commitment of a few hours a week or a month, there's always something you can do.



Donate



Share HOPE with our community.
Donate Today to Join our Family Tree.

Help us achieve our goal of communities without limits. Every dollar you give helps create stronger, safer communities where everyone has the opportunity to lead their best lives



Participate



Family of Year July 13, 2023

Festival of Trees November 17-18, 2023



Administrative Offices

29 North Hamilton Street
Poughkeepsie, NY 12601
845.452.1110

Community Programs

29 North Hamilton Street
Poughkeepsie, NY 12601
845.452.1110

100 Aaron Court
Kingston, NY 12401
845.331.5641

250 Aaron Court
Kingston, NY 12401
845.458.7455

110 East Main Street
Middletown, NY 10940
845.250.5270

24-Hour Hotlines

Rape Crisis/Crime Victims
845.452.7272

Domestic Violence
845.485.5550

Behavioral Health Centers

845.486.2703

20 Manchester Road
Poughkeepsie, NY 12603

223 Main Street
Beacon, NY 12508

7 Market Street
Dover Plains, NY 12522

131 County House Road
Millbrook, NY 12545

91-93 Montgomery Street
Suite 7
Rhinebeck, NY 12572

239 Golden Hill Lane
Kingston, NY 12401

7 Park Lane
Highland, NY 12528

50 Center Street
Ellenville, NY 12428

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