

*Children don't come
with instructions but
our team does.*

About The Family Education Program

The Family Education Program teaches you how to increase your child's cooperation, discipline without yelling or hitting, and enjoy being together in a safe and healthy environment for your child.

Help for parents when they are:

- Overwhelmed
- Concerned about a child's behavior
- Unsure how to discipline
- Experiencing social isolation
- Seeking community support
- Seeking child enrichment

**Bilingual Social Workers available*

Hours & Location

Monday through Friday
9:00am–5:00pm

29 North Hamilton Street
Poughkeepsie, NY 10601

OFFICE (845) 452-1110 X 7000

www.familyservicesny.org



Founded in 1879, Family Services brings people together to find the support they need, improving their lives and communities, and building a stronger, safer Hudson Valley. Our program areas include Behavioral Health Centers, Victim Services, Family Programs, Youth Services, Community Safety, and Prevention, as well as



Funded by
Dutchess County Department of Child and Family
Services

Family Education Program

in Dutchess County

Family Programs

We are for **love**
for **growth**
for **safety**



What to Expect

The Family Education Program provides home-based parenting education to teach effective parenting and enhance nurturing skills. We help preserve and strengthen families by building upon their unique qualities and strengths. As a result, families learn to enjoy being together while lowering stress levels, increasing child cooperation, disciplining without yelling or hitting, and communicating with each other in healthy ways.



The Family Education Program Offers

- Supportive modeling and coaching of effective parenting skills, using a variety of Evidence based practices, including *SafeCare*, *Family Check-Up* and *Motivational Interviewing*
- Nonjudgmental listening and respectful feedback
- Provide Case Management Services
- Help with home care and planning
- Connection to needed resources
- Flexible Scheduling
- Parenting Groups
- 24/7 support to our Families

We help families gain:

Stronger Skills ✦ Greater Confidence ✦ Effective Discipline
Less Aggravation ✦ Healthy Communication ✦ Happier Children

Hours, Location, & Eligibility

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Must have an open case with Dutchess County Department of Community and Family Services.