

Children don't come
with instructions but
Family Educators do.

About The Family Education Program

The Family Education Program teaches you how to increase your child's cooperation, discipline without yelling or hitting, and enjoy being together in a safe and healthy environment for your child.

Help for parents when they are

- Overwhelmed
- Concerned about a child's behavior
- Unsure how to discipline
- Experiencing social isolation
- Seeking community support
- Seeking child enrichment

*Bilingual educators available

Hours & Location

Monday through Friday
9:00am–5:00pm

110 East Main Street
Middletown, NY 10940

Hours of Clinical Services:

Tuesdays 10am–4pm
Wednesdays 1pm–6pm
Thursdays 1pm–7pm
Fridays 11am–5pm

Office: (845) 250-5270

Fax: (845) 239-4605

www.familyservicesny.org



Founded in 1879, Family Services brings people together to find the support they need, improving their lives and communities, and building a stronger, safer Hudson Valley. Our program areas include Behavioral Health Centers, Victim Services, Family Programs, Youth Services, Community Safety, and Prevention, as well as the management of the Family Partnership Center.

Funded in part by
Orange County Department of Social Services

Family Education Program

in Orange County

Family Programs

We are for **love**
for **growth**
for **safety**



Family Services
communities without limits

What to Expect

The Family Education Program provides home-based and group-based parenting education to teach effective parenting and enhance nurturing skills. We help preserve and strengthen families by building upon their unique qualities and strengths. As a result, families learn to enjoy being together while lowering stress levels, increasing child cooperation, disciplining without yelling or hitting, and communicating with each other in healthy ways. We strive to bring families together, creating a nurturing and supportive environment to help each family member to understand each other's perspectives.



The Family Education Program Offers

- Home visits with parents and children
- Supportive modeling and coaching of effective parenting skills, using a variety of resources, including the highly acclaimed Nurturing Program
- Nonjudgmental listening and respectful feedback
- Relaxation training
- Help with home management
- Access to needed resources
- Flexible scheduling
- Parenting Groups
- Family Therapy
- Supporting parents and children in finding their voice and encouraging them to express themselves.
- Support, especially when feeling vulnerable

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Middletown, NY 10940**

Must have an open case with Orange County Department of Social Services Children and Family Unit.

We help families gain:

**Stronger Skills → Greater Confidence ✓ Effective Discipline
Less Aggravation ✓ Healthy Communication → Happier Children**