

*Children don't come
with instructions but
Family Educators do.*

About The Family Education Program

The Family Education Program teaches you how to increase your child's cooperation, discipline without yelling or hitting, and enjoy being together in a safe and healthy environment for your child.

Help for parents when they are:

- Overwhelmed
- Concerned about a child's behavior
- Unsure how to discipline
- Experiencing social isolation
- Seeking community support
- Seeking child enrichment

**Bilingual educators available*

Hours & Location

Monday through Friday
9:00am–5:00pm

100 Aaron Court
Kingston, NY 12401

Office: (845) 331-5641

Fax: (845) 383-1033

www.familyservicesny.org



Founded in 1879, Family Services brings people together to find the support they need, improving their lives and communities, and building a stronger, safer Hudson Valley. Our program areas include Behavioral Health Centers, Victim Services, Family Programs, Youth Services, Community Safety, and Prevention, as well as the management of the Family Partnership Center.



Funded in part by

The Ulster County Department of Social Services
and the United Way of Ulster County

Family Education Program

in Ulster County

Family Programs

We are for **love**
for **growth**
for **safety**



Family Services
communities without limits

What to Expect

The Family Education Program provides parenting education to teach effective parenting and enhance nurturing skills. We help preserve and strengthen families by building upon their unique qualities and strengths. As a result, families learn to enjoy being together while lowering stress levels, increasing child cooperation, disciplining without yelling or hitting, and communicating with each other in healthy ways.

Hours & Eligibility

Monday through Friday
9:00am–5:00pm

Must have an open case with Ulster County Department of Social Services Children and Family Unit.

The Family Education Offers:

1 Enhanced Parenting Time

- Increased visit time and frequency for families referred by Ulster County Family Treatment Court
- Additional parenting education lessons twice per week and supports families transitioning to reunification.
- Provides parent coaching and support in a family-like setting
- Access to a fully-functioning kitchen to prepare and enjoy nurturing family meals
- Goals include reducing the time of
- Reunifying parents with their children, strengthening, and preserving families, and improving parenting skills.

2 Home-Based Parenting Support

- Home visits with parents and children
- Supportive modeling and coaching of effective parenting skills, using a variety of resources, including the highly acclaimed *Nurturing Program*
- Nonjudgmental listening and respectful feedback
- Relaxation training
- Help with home management
- Access to needed resources
- Flexible scheduling
- Parenting Groups

3 Family Visitation Program

- For parents and family members who are required by Family Court to have supervised contact with their children
- Provides parent coaching and support in a family-like setting
- Visitation rooms are stocked with toys and games for children of all ages
- Parent education provided before, during and after visits

We help families gain:

Stronger Skills ✦ Greater Confidence ✦ Effective Discipline
Less Aggravation ✦ Healthy Communication ✦ Happier Children