



2016 ANNUAL REPORT

PROVIDING
HOPE



IMPROVING
LIVES



STRENGTHENING
COMMUNITY



March 2017

29 North Hamilton Street

Poughkeepsie, NY 12601

p. 845.452.1110

f. 845.452.1119

www.familyservicesny.org

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FAMILY SERVICES LEADERSHIP TEAM



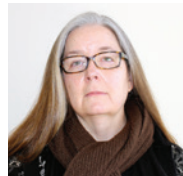
BRIAN DOYLE, MPA
Chief Executive Officer



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Deputy Executive Director



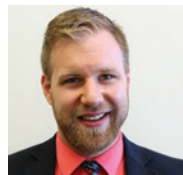
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Chief Financial Officer



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Director of Forensic Services



LEAH FELDMAN, MPA
*Director of Center for Victim
Safety and Support*



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President



MARK SASVARY
Director of Clinical Services



JENNIFER MCGAHAN
Director of Operations

WHY I GIVE...



MIKE DAVIS

Project Executive
R.L. Baxter Building Corp.

Giving back impacts people's lives...

Growing up, my family grew up financially poor, but always rich in love. We were fortunate to be surrounded by other families who helped us, which contributed to our success. Family Services helps to get people into a safe environment and provide skills that they may need to get a job. They provide the support to assist someone who has experienced a traumatic event and many other services which allow others to be safe and successful.

As a parent, along with my wife, Bethany, we want our children to understand that giving back to the community is very important and could impact people's lives in a positive way. It has been an honor to be the co-chair on the Walk A Mile in Her Shoes event hosted by Family Services and it is truly amazing to see the strength of those who have been victims stand up and say "No More". It is important for us to provide our children with the tools to be leaders in the community and there is no better way to lead than by example.

Thank you, Family Services, for all the hard work and great service that you provide to our community. I look forward to being a part of future work with Family Services.



LEOLA RUFFIN-MCPHEE

Board Member
Family Services, Inc.

An agency that empowers people in need...

I support Family Services, Inc. because it is vital to this community. It is intentional and passionate with its myriad of beneficial services. It strives to educate and empower people in need, to live independent, productive lives. The staff, administrators and volunteers who work there are supportive and dedicated to assisting the people they serve. Any city would be fortunate to have an agency like our area Family Services, Inc.



WAYNE NUSSBICKEL

President
N&S Supply

Essential support for our community...

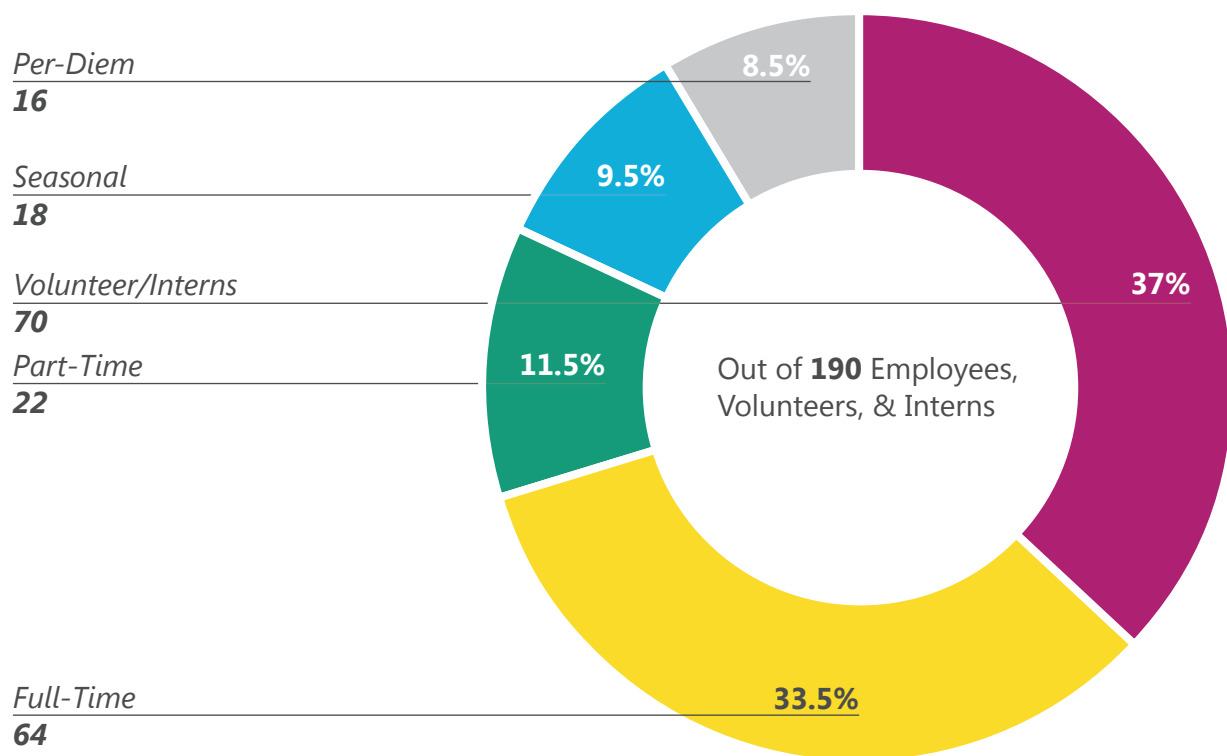
I have been blessed in my life to be born into a caring family that provided me with support and opportunities. All through my childhood, I was reminded that so many others are not able to enjoy many of the things that we may take for granted and how important it is to give back to those in need.

Family Services provides essential support to so many people in need right here in the Mid Hudson Valley. Family Services provides so many important programs, programs such as those for victims of sexual abuse, domestic violence, after school programs, community safety programs and family education, just to name a few.

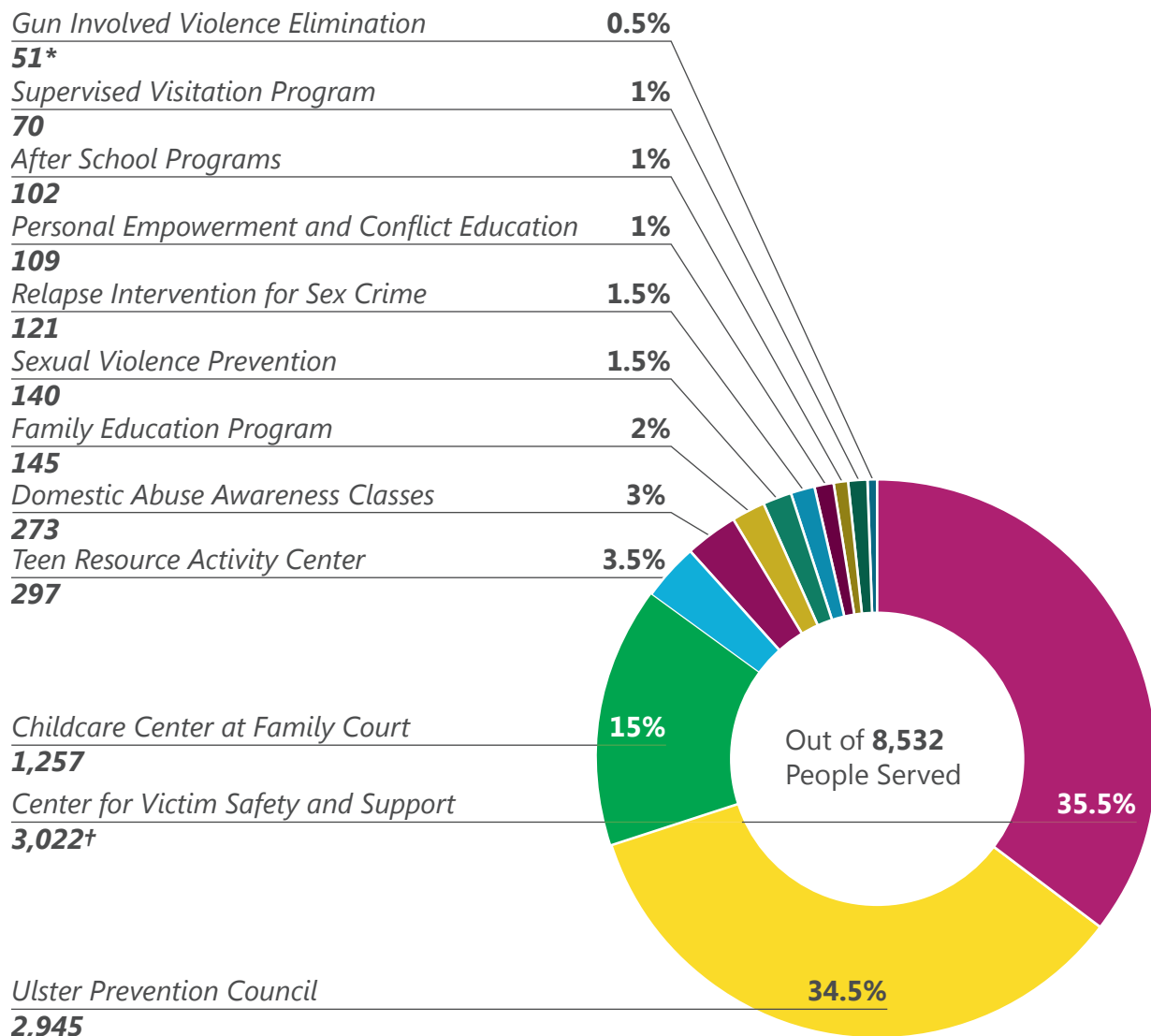
It is so rewarding to support Family Services because it makes such a positive and direct impact, right here in our own community.

WHO WE ARE & WHAT WE DO

Our mission is to help families and individuals help themselves through direct services, collaboration, and advocacy.



In 2016, Family Services improved the lives of more than **8,500** youth, individuals, and families



*Not included are the 100+ presentations that were given to community members, law enforcement, and teachers

†Beyond the 3,022 people who received substantial victim services, the Center for Victim Services and Support received 4,259 hotline calls throughout the year

OUR SERVICES & PROGRAMS

CENTER FOR VICTIM SAFETY AND SUPPORT

DOMESTIC ABUSE AWARENESS CLASSES

DUTCHESS COUNTY FAMILY COURT CHILD CARE CENTER

FAMILY EDUCATION PROGRAM

FAMILY PARTNERSHIP CENTER

PERSONAL EMPOWERMENT AND CONFLICT EDUCATION

POUGHKEEPSIE AFTER SCHOOL PROGRAMS

RELAPSE INTERVENTION FOR SEX CRIMES PROGRAM

SUPERVISED VISITATION PROGRAM

TEEN RESOURCE ACTIVITY CENTER

ULSTER PREVENTION COUNCIL



As an affiliate of Family Services, Hudson Valley Mental Health strives to ensure that services are accessible, affordable, cost-effective, recipient-oriented, and culturally sensitive. The operative clinics in Dutchess and Ulster Counties provide an array of therapeutic services to adults, seniors, and families. Services are available to everyone in need, regardless of insurance or income. These services include individual or group therapy, medication, and medication management.

3,013 victims served
4,259 hotline calls
1,309 victims referred to our
Domestic Abuse Response Team
Advocates by police

CENTER FOR VICTIM SAFETY & SUPPORT (CVSS)

The Center for Victim Safety and Support (CVSS) provides 24-hour, non-residential, comprehensive services to victims of domestic violence, sexual assault, and other crimes. CVSS also specializes in enhancing the systems response to victims of crime. We operate under the guidelines of a victim-centered approach, supporting victims' rights, dignity, autonomy, and self-determination. Services provided by CVSS include 24-hour Crime Victims/Rape Crisis and Domestic Violence hotlines, crisis counseling, information and referrals, safety planning, lethality assessment, advocacy/accompaniment, trauma counseling, outreach/education, assistance with reimbursement through the NYS Office of Victim Services, rape crisis services, Domestic Abuse Response Teams, the Lethality Assessment Program, and the High Risk Case Management Program.

In 2016, the Center for Victim Safety and Support provided services to 3,013 victims of crime. Of those, 461 were victims of sexual assault, and 2,314 were victims of domestic violence. The staff responded to more than 5,700 hotline calls from community members and community partners in need and 1,309



victims of domestic violence were referred to our Domestic Abuse Response Team Advocates by police. Fifty-nine domestic violence victims assessed as high risk for homicide were referred to our High Risk Case Manager. Our Lethality Assessment Program expanded to include 10 local police departments, and has received statewide recognition for being an innovative practice in NYS to prevent domestic violence homicide. The Crime Victim's Rights Week Ceremony was another great success. It was held at the Cunneen-Hackett Arts Center in Poughkeepsie and was attended by local community members, survivors, law enforcement, local agencies and politicians. The following honors were given out: Assistant District Attorney Michael Brady of the Dutchess County District Attorney's Office and Community Police Officer Mark Thomas of the Town of Fishkill Police Department for their dedication to fighting for victims' rights. Participants also enjoyed viewing artwork created by survivors of violence.



ELEMENTARY AFTER SCHOOL PROGRAMS

The After School Programs at Krieger and Clinton Elementary Schools serves over 100 children in the City of Poughkeepsie School District. The After School Program began another successful year due to funding through the Advantage Grant through New York State Office of Children and Family Services. As a result of this funding, Family Services was able to continue providing quality, licensed after school care in the City of Poughkeepsie District for elementary students at Krieger and Clinton through 2019. In addition, we continue to provide services to the students of Morse, Warring, and Smith Elementary Schools through free busing services in partnership with First Student Bus Company and have expanded our services to middle school students under the age of 13. This year, 93 students participated in enrichment and STEM activities and 60 families attended family events and individual consultation with staff.



300 teens served in TRAC program
45 played in revived basketball team

TEEN RESOURCE CENTER (TRAC)

In 2016, the Teen Resource Activity Center (TRAC) provided a free, supervised place for more than 300 teens from the City of Poughkeepsie to come after school. From 3:30–8:30 Monday through Thursday young people engaged in sports, performing arts, completed homework, relaxed with friends, and ate nutritious meals. They also had the opportunity to participate in summer employment, anti-violence and healthy workshops.

This year with support from United Way of Dutchess-Orange Region we were able to reestablish the TRAC Panthers Basketball teams. We were able to have four divisions with 45 youth participating. The TRAC program had two league tournaments with a community attendance of over 100 people.

Jessica Wallach with fellow presenters—Spring Valley Police Chief, Paul Modica; Jim Isenberg from the North American Family Institute; Roger Przyiski from RKC Group; NYS Office of Youth Justice Deputy Commissioner, Mark White



GUN INVOLVED VIOLENCE ELIMINATION (GIVE)

Recently our Youth Services Coordinator, Jessica Wallach, was asked by the New York State Division of Criminal Justice Services to present Juvenile Justice Issues and her work on the Gun Involved Violence Elimination (GIVE) initiative that she coordinates with the City of Poughkeepsie Police Department.

The goal of this symposium is to provide useful information to the attendees regarding people and place-based strategies that can be used by the participants to enhance their gun violence reduction strategies. Jessica presented on how Family Services currently uses the Phoenix Curriculum, an evidence-based program that successfully targets the risk and protective factors for gang and gun violence. Jessica not only collaborates with the City of Poughkeepsie Police Department, but the Poughkeepsie Central School District, The Center for the Prevention of Child Abuse, and the Dutchess County Office of Probation & Community Corrections Juvenile Division.

The program has served a total of 32 unduplicated youth from July 2016 to June 2017. In addition to the Choice's workshop, the facilitator held two Parent Focus Groups serving a total of 19 parents. 63% of these parents believe gangs are a problem in our community and 37% identified an increase in Police Presence as a way of reducing the gang problem. Another highlight was the facilitator's presence at the SWAG event held by the PCSD. Society at War Against Illegal Guns (S.W.A.G. III) is an anti-violence campaign in collaboration between the Mayor, school district and local law enforcement. The facilitator as well as youth from the GIVE program marched alongside other students. The facilitator provided information and outreach to approximately 100 community members, youth, teachers, and parents.

Cared for over **1,000** children
250 community referrals were
provided for families, including
parenting programs, shelters, and
day care

THE CHILDREN'S CENTER

The Children's Center of Poughkeepsie, NY provides care to over 1,000 children a year, while their parents and guardians attend to Court business. The children participated in dramatic play, created arts and crafts, played computer and board games, and read and borrowed books from an extensive library. We provided over 250 community referrals to families. These referrals include parenting programs, shelters, and day care. The head teacher recruits college students as interns who major in child care, psychology, human service and medicine. The staff presented on Art and Play Therapy at The Annual Regional Training. Randi Chafin, Head Teacher at the Children's Center, presented on the trauma the children who visit the Children's Center experience and how staff use art therapy to help the children express themselves.

33 non-custodial parents participated
48 children were served

SUPERVISED VISITATION PROGRAM

The Supervised Visitation Program of Family Services has provided supervised visitation services at Dutchess County Family Court to 33 non-custodial parents and 48 children. In addition, professional monitors provide counseling, support, referrals and parent coaching to both custodial and non-custodial parents. They provide neutral and objective court reports to family court judges to assist in their decisions regarding family safety. Dutchess County Family Court provides a tremendous amount of in-kind support, including Court Officers to provide security, child care, and office space for the program's operation. Our community views this as a critical service and ongoing efforts are being made to expand this program.

This year, the Supervised Visitation staff was able to purchase culturally diverse toys for clients. Amy Cole, the Supervised Visitation supervisor, presented to the Joint Supervised Visitation Program and Childcare Center Advisory Board on adverse childhood experiences (ACEs) and its impact on developing bodies and brains on children.

RISC served **104** offenders, **8** non-offending relatives and **9** supporters

DAAC FSI Groups: **109** participants
Dutchess County Jail: **164** participants

PEACE: FSI Groups: **30** participants
Dutchess County Jail: **186** participants



FORENSIC SERVICES

The effective delivery of sex offender-specific treatment is always advancing. In an effort to maintain best practice standards, this year, the **Relapse Intervention for Sex Crime (RISC)** program created a treatment structure guided by newly emerging best practice standards which impacts the RISC's offender curriculum and method of service delivery. These changes to the program will be implemented in 2017. In 2016, RISC was invited to speak at the New York State Child Abuse Prevention Conference on Sex Offender Management, as well as the 2017 Massachusetts Chapter of the Association for Treatment for Sexual Abusers on enhancements to sex offender-specific treatment. Both the New York State conference and the Massachusetts conference are prestigious conferences, one in the prevention of child abuse and one in the field of sex offender treatment and management.

aggression in their interpersonal relationships.

Domestic Abuse Awareness Classes for Men (DAAC) is part of Dutchess County's coordinated response to domestic violence. It is a psycho-educational program for men to address the crime of domestic abuse. **Personal Empowerment and Conflict Education (PEACE)** classes help women to focus on healthy approaches to resolving problems without the use of violence or aggression. Both groups are offered on an on-going basis at Family Services Inc. and in the Dutchess County Jail.

Family Services Inc. offers classes for both men and women who have used violence and

39 families served under home-based program

4 families served in Babies First Initiative

6 graduates from Parenting Journey

9 parents and **17** children were helped by Celebrating Families



FAMILY EDUCATION PROGRAM

The Family Education Program continues to provide at-risk families in Ulster County with home-based and group-based programs. Thirty-nine families were served under the home-based program. Most families in the home-based program demonstrated progress, reducing the risk of child abuse and strengthening family bonds.

The Parenting Journey group was provided as an evening group in the spring of 2016 with six graduates. Then, in the fall through December, another Parenting Journey cycle had three participants who graduated successfully. One of the Parenting Journey graduates from 2015 piloted a peer-run parenting support group at the Kingston office from February to May 2016.

The Babies First Initiative Program served four families this year. Ulster County Department of Social Services and the Family Services' Family Education Program collaborated in offering Celebrating Families (from October 2016 to

February 2017). The group consists of nine parents and 17 children. This parenting group specializes in helping family members with a history of substance abuse. All the participants are referred from the Family Treatment Court.

The Family Education Program has been a great contributor in training and providing field experience for interns. The FEP trained two interns from SUNY New Paltz, one from Ulster Community College, two Adelphi graduate interns, and two interns in partnership with Marist College.



Juanita Hotchkiss, Community Prevention Specialist at UPC (second from right, bottom row), introduced UPC Youth Media Contest winners as they received Pride of the Hudson awards from the Ulster County Legislature. All of the winners are from Ellenville High School media class taught by Mr. Tim Lukaszewski (first from right, bottom row). Media messages addressed harm from heroin

ULSTER PREVENTION COUNCIL (UPC)

The Ulster Prevention Council (UPC) works to prevent substance use by looking at the community's strengths and needs and selecting strategies that have been proven to work. UPC works with school districts, communities and the county as a whole to engage all sectors of the community to share resources and implement best prevention practices. UPC partners with the County's Departments of Health and Mental Health on the Prevention Drug Task Force of Ulster County and the Legislature's Ulster County Against Narcotics Board to address prescription drug and heroin addiction. Strategies include community forums and events to raise awareness, supplying naloxone to reverse overdoses, placing drug disposal boxes in each locality, discussing prescribing practices; reducing access to drugs in the community, faster access to treatment services and media messages to raise awareness. Additionally, UPC has partnered with Inter-agency Task Force on Substance Abuse Prevention led by the Superintendents of Ulster County schools, to assist in organizing a county

wide community forum as well as, community forums in partnership with Wallkill Central School, Ellenville Central School, and Onteora Central School District this past year.

UPC partners with school districts to produce high-quality youth-produced social messages to address our identified priorities: reducing stigma so that families seek help; reducing access to illicit and Rx drugs; increasing the perception of harm; increasing awareness of the Social Host Law which forbids an adult from serving alcohol to a person under 21 who is not their child. UPC also implements high quality, evidence-based prevention curriculum for youth. UPC provides the Model Program: Too Good for Drugs in Kingston and Ellenville, and trains others to implement the program. UPC serves as a training and resource center, providing a wide array of Substance Use Disorder workshops, and technical assistance throughout the community.



A program of **End Violence Against Women International**

SEXUAL ASSAULT RESPONSE TEAM (SART)

The Sexual Assault Response Team (SART) is a multidisciplinary team of individuals working to provide victim-centered, trauma informed response to victims of sexual assault. Designed to fit the needs of our community, our goals are to provide compassionate and competent response to address the trauma of sexual violence, empower victims, improve physical and emotional health outcomes, increase reporting, increase accountability of offenders, increase community awareness, and decrease sexual violence through both accountability and primary prevention.

In March, six representatives from the SART attended the End Violence Against Women International (EVAWI) Conference in Washington, D.C. including the SART Coordinator and representatives from Family Service's Center for Victim Safety and Support, Vassar College, Dutchess Community College, City of Poughkeepsie Police Department and the Town of Poughkeepsie Police Department.

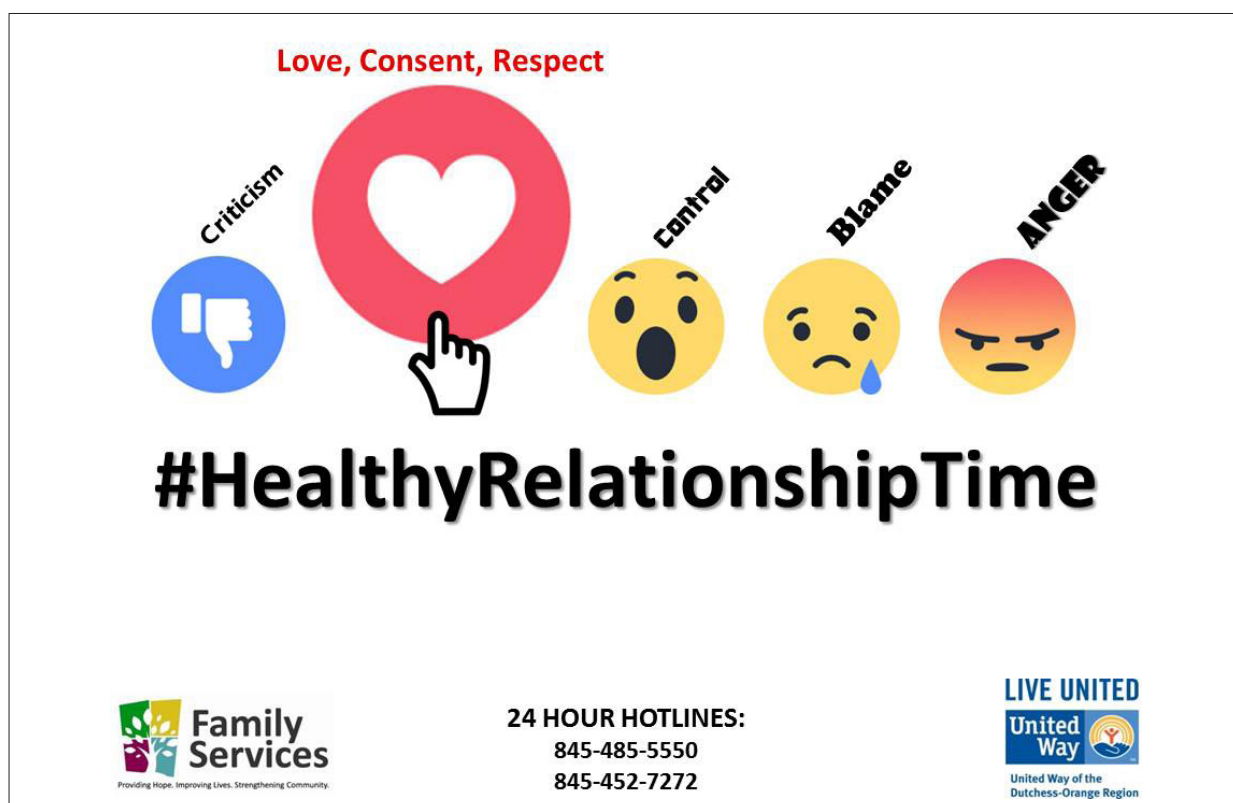
After the conference the team brought back recommendation to the SART including conducting trauma-informed training for all our partner, launching a community awareness campaign and creating trauma-informed interview spaces at local law enforcement departments.

In May, we launched the Start By Believing Campaign at a press conference with state, county and local officials as well as representatives of SART. The campaign is aimed to address victim blaming and change attitudes and behaviors in response to sexual violence. A PSA is being created with Spark Media Project and an online pledge is available on Family Service's website.

Additionally, SART reviewed 62 sexual assault cases this year.



Senator, Sue Serino (far left); Dutchess County Executive, Marcus Molinaro (second from left); Chief Executive Officer of Family Services, Brian Doyle (back row); City of Poughkeepsie Mayor, Rob Rolison (second from right); and representatives from the Sexual Assault Response Team proudly unveil the Start By Believing public awareness campaign—a campaign focused on improving the public response to victims of sexual assault



SEXUAL VIOLENCE PREVENTION (SVP)

Family Services Sexual Violence Prevention (SVP) program is currently a regional program implemented in Dutchess, Orange and Westchester County. Our services are extensive as we address behaviors and attitudes towards sexual violence on an individual level by facilitating Mentors in Violence Prevention (MVP), and Safe Dates as well as on a community level by engaging community members in SVP through PhotoVoice.

Mentors in Violence Prevention is a 12-hour, primary prevention, bystander intervention skill building course that Family Services offers to colleges, schools, and community programs. Both the MVP and Safe Dates classes motivate people to play a central role in solving critical problems like sexual assault, relationship violence

and all forms of violence and abuse. MVP is currently implemented on five college campuses (Marist, Vassar, Dutchess Community, SUNY Purchase, Sarah Lawrence) and credited (1.0 credit) for institutional backing at three schools (Marist, SUNY, and Sarah Lawrence). MVP and Safe Dates are adapted for time and content to engage various community programs. Safe Dates is offered to four schools in Orange County

Our community level prevention consists of our #ReframeReflectRespect project. We are utilizing an adaptation of PhotoVoice (<https://photovoice.org/about-us/>). PhotoVoice's website describes the organization as having a "vision for a world in which no one is denied the opportunity to speak out and be heard. The organization's mission is to build skills within communities through innovative

participatory photography and digital storytelling methods. These skills enable individuals to represent themselves and create tools for advocacy and communication. Through this, and through developing partnerships, they deliver positive social change."

#ReframeReflectRespect is a youth-driven, participatory photography project that utilizes technology to promote healthy relationships and prevent sexual violence. The project empowers youth to have their voices heard through creating their own vision to stop sexual violence by utilizing cameras, voice recorders, computers as well as printed materials. Spark Media Project is our partner on the pilot group of this project, they are a youth focused multimedia nonprofit in Poughkeepsie. Our gallery launch will be held on February 14, 2017 at Vassar College. For more information on our project please visit: <http://sparkmediaproject.org/reframereflectrespect/>.

In 2016, FSI served 94 college students in our 12-hour Mentors in Violence Prevention program in Dutchess County, 13 students in Westchester, and 900 Safe Dates students in Orange County. Over 150 Community Partners in Dutchess received an adapted MVP training, and hundreds have been engaged with our Reframe Reflect Respect project throughout our Region.

94 Dutchess County college students and **13** in Westchester participated in our 12-hour Mentors in Violence Prevention (MVP) program

150 Community Partners in Dutchess received an adapted MVP training

After receiving the MVP training:

98.8% of students feel confident they can prevent violence on their campuses (Marist, Vassar, DCC)

97.6% of students strongly disagree it is a victims fault if a rape occurs after drinking (Marist, Vassar, DCC)



Oretha Armstrong; Troy Adams, Assistant Dean of Community Services and Special Programs; and Lynette Patrice, Community Services and Special Programs, help to welcome Dutchess Community College at the Family Partnership Center

Dutchess Community College arrived at the Family Partnership center commencing new programming enrolling **200+** students

DUTCHESS
COMMUNITY COLLEGE

FAMILY PARTNERSHIP CENTER (FPC)

Since 1997, the Family Partnership Center has forged community partnerships through collaboration and advocacy in the areas of health and human services, and provided cultural, educational, recreational, and mentorship opportunities to improve the lives of individuals and families.

The Family Partnership Center Campus is designed to strengthen individuals, families, and the community as a whole, provide services including youth programming, primary health care, dentistry, behavioral services, services for the homeless and emergency food.

We have continued our pursuit of major funding for capital infrastructure improvements as envisioned in Mass Design Vision and subsequently envisioned projects.



*The Family Partnership Center Campus is a strategic revitalization point in the city as it stands as a **Center of Diverse Services and Experiences***

FAMILY PARTNERSHIP CENTER PARTNERS

BORN AGAIN DISCIPLES

845-471-2578

www.bad-ny.com

COMMUNITY VOICES HEARD

845-790-5945

www.cvactionheard.org

DUTCHESS COMMUNITY COLLEGE

845-431-8000

www.sunydutchess.edu

DUTCHESS COUNTY DEPARTMENT OF HEALTH

845-486-2963

www.co.dutchess.ny.us/countygov

DUTCHESS COUNTY HEALTHY FAMILIES

845-452-3387

www.healthyfamiliesnewyork.org

DUTCHESS OUTREACH/ LUNCHBOX

845-454-3792

www.dutchessoutreach.org

FALL KILL PARTNERSHIP GARDENS

845-392-4180

FAMILY SERVICES

845-452-1110

www.familyservicesny.org

HUDSON RIVER COMMUNITY HEALTH CARE

845-452-6478

www.hrhcare.org

HUDSON RIVER HOUSING —SCREENING SITE

845-454-5176

www.hudsonriverhousing.org

HUDSON VALLEY MENTAL HEALTH

845-486-2703

www.hvmh.org

JOHN FLOWERS COMMUNITY EVENTS

845-471-7565

MARIST LIBERTY PARTNERSHIP PROGRAM

845-454-4199

[www.marist.edu/academics/
libertypartnerships/](http://www.marist.edu/academics/libertypartnerships/)

MENTAL HEALTH AMERICA— MEL'S PLACE

845-471-9329

www.mhadc.com

MIDHUDSON REGIONAL HOSPITAL OF WESTCHESTER MEDICAL CENTER—THE TURNING POINT

845-483-5512

[www.midhudsonregional
hospital.org](http://www.midhudsonregional
hospital.org)

NEW DAY REPERTORY COMPANY, INC.

845-485-7399

NOBODY LEAVES MID-HUDSON

734-548-0171

www.nobodyleavesmidhudson.org/

PLANNED PARENTHOOD

845-838-1200

www.plannedparenthood.org

PRIME HEALTH CHOICE

1-855-777-4630

R.E.A.L. SKILLS NETWORK, INC.

845-452-6088 ext. 3169

www.realskillsnetwork.org

SADIE PETERSON DELANEY AFRICAN ROOTS LIBRARY

845-452-6088 x 3343

YOUTH MISSION OUTREACH

845-473-5449

www.youthmissionoutreach.org

2016 EVENT HIGHLIGHTS

WALK A MILE

On a cool autumn Saturday, with morning mist giving way to sunshine, hundreds descended on the All Sport Health & Fitness Outdoor Club to declare solidarity in the struggle to eradicate gender violence and raise funds for the work of Family Services at the 2016 Family Services 6th Annual Walk A Mile in Her Shoes.

The fall weather was pleasant, the crowd was enthusiastic, and we surpassed our fundraising goal. But most importantly, the message was clear—we must all work together to end the epidemic of sexual assault, domestic abuse and gender violence.

We are very pleased to announce that Walk A Mile in Her Shoes 2016 raised over \$48,000 thanks to the generous support from our community.



85% more was raised than in 2015
Nearly **200** people attended to
participate and help raise awareness





2016 EVENT HIGHLIGHTS



FAMILY OF THE YEAR

At the Family Services Family of the Year Awards Celebration, held on April 21 at the Grandview in Poughkeepsie, over 360 people helped honor Barry & Rita Rothfeld, who received the Lifetime Achievement Award, and Steve & Shelley Turk, recipients of the Quality of Life Award. This annual event honors those individuals who have made significant contributions to the community and whose ideals reflect those of Family Services by providing hope, improving lives, and strengthening community.

Over **360** people attended
\$22,500+ raised through appeal, live
and silent auctions

Top right from left: Quality of Life recipients, Shelly & Steve Turk pose with Lifetime Achievement Award recipients, Barry & Rita Rothfeld

Top left: The Rothfelds pose with their son and daughter

Bottom left: The Turks pose with their two daughters



REPORT TO THE COMMUNITY

Family Services held the Report to the Community luncheon on January 28, where CEO, Brian Doyle shared the accomplishments of Family Services in 2015 as well as the plans for the road ahead in 2016.

We were pleased to have a featured presentation by Dr. Jocelyn R. Smith Lee, Assistant Professor of Psychology at Marist College. Dr. Smith Lee presented findings from her qualitative research with 40 young black men (18-24) in Baltimore, MD who have lost loved ones to violence. In her presentation, Dr. Smith Lee discussed the relevance of this work for Poughkeepsie youth and the related implications of study findings for youth related organizations who strive to improve the health and well-being of black boys and men.

Left: Dr. Jocelyn R. Smith Lee (far right), Assistant Professor of Psychology at Marist College, at Report to the Community

Below: Ulster County Executive, Mike Hein, speaks at the Ulster County Advocate Launch



ULSTER COUNTY ADVOCATE LAUNCH

Family Services helped launch the Ulster County Family Advocate program with a breakfast at the Kingston Best Western on December 14. The Ulster County Advocate Program supports Ulster County individuals and families who seek substance use disorder treatment and provides a warm, encouraging environment. Advocacy includes education about substance use disorders and working to resolve health insurance issues, publicize parity laws, reduce stigma, assist residents in navigating the complex system of care, and provide connections to ongoing supports in the community.



HALLOWEEN AT FAMILY PARTNERSHIP CENTER

Over 300 children and parents joined Family Services to partake in trick-or-treating at the Family Partnership Center with support from the local police department.



DONOR THANK YOU AT THE ALUMNAE HOUSE

On December 7, Family Services provided a cocktail reception at the Vassar Alumnae House to offer appreciation to the generous people who have given their support for the people of our community.



ADOPT A FAMILY

Each year, the Center for Victim Safety and Support at Family Services works to serve and help less fortunate experience the magic of the season. This year, this initiative served nearly 150 families in need of holiday cheer.

2016 AGENCY HIGHLIGHTS



40 UNDER 40

JESSICA WALLACH, Youth Services Coordinator, was selected as one of Dutchess County Regional Chamber of Commerce's 40 Under 40 Honorees, along with community partners, **Carla Tesoro**, **Freddimir Garcia**, and **Michael Davis**. This award is given annually to forty people under the age of 40 who have shown a strong commitment to the Hudson Valley.



ATHENA SCHOLARSHIP

CASSANDRA LOTKER, Probation Victim Advocate for the Center of Victim Safety and Support, was presented the Athena Scholarship, a scholarship available to any female who works or volunteers in Dutchess County, has been out of high school for at least five years, and is pursuing education at an accredited New York State college, university or trade school, or through an accredited online educational program while maintaining residency in Dutchess County.



ALBANY CONFERENCE

KELLY BUNT, LCSW, Family Services Clinical Supervisor for RISC, and Jeff Walraven, Probation Supervisor, Dutchess County Office of Probation and Community Corrections, provided a workshop on Sex Offender Management at the NYS Child Abuse Prevention Conference, *Give Strength, Inspire Action*, where they offered ideas on how treating and managing sex offenders is a strategy working toward eradicating sexual abuse.



ULSTER SAVINGS CHARITABLE FOUNDATION GRANT

The Ulster Savings Charitable Foundation recently awarded a \$4910 grant to Family Services to purchase 10 desktop computers for use with the Teen Resource Activity Center (TRAC) program.

2016 EMPLOYEE RECOGNITIONS



WHITNEY HUMPHREY
*Project Coordinator Universal
Response to Domestic Violence*



RANJEET SIVARAMAN
Associate Director of Finance



OUTSTANDING EMPLOYEES WHO MAKE A DIFFERENCE



PAM TARQUININO
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YASMIN TORRES
Supervised Visitation

A MESSAGE FROM OUR CEO



CEO Brian Doyle with Governor of New York, Andrew Cuomo, having a heartfelt discussion about the needs of children and families

Dear Friends and Supporters,
I am struck by the agency's many accomplishments in 2016. There have been disappointments, but that's part of our world in human services. We've seen instances where victims of domestic violence are left without justice. We witnessed the pain of those who endure addiction, at this past September's forum on heroin. We saw the tragic loss of one of this City's promising youth, Caval Haylett, to senseless gun violence.

But even in the face of these, I am overwhelmed with gratitude for the privilege to work with so many talented, passionate and committed employees, Board Members and other dedicated volunteers. Here are a few highlights: Our work with community leaders in the City of Poughkeepsie, along with law enforcement, and elected officials succeeded in securing a \$300K commitment to a gun violence prevention initiative to begin in 2017.

The "Babies First" initiative and the Family Advocate positions in Ulster County have strengthened our work in Ulster County, including high risk case management for children in need. We are also helping families navigate obstacles to treatment for addiction.

Dutchess Community College arrived at the FPC commencing new programming in September with early success, enrolling over 200 students.

Environmental improvements have been made throughout our FPC Campus. Through a successful funding proposal, we have secured a commitment of over \$500K, including plans to improve in and around the gymnasium, promising a fabulous environment for children and families!

Of course, our affiliate, Hudson Valley Mental Health, continues to provide superb behavioral health services in the nine clinic sites operated throughout Dutchess and Ulster Counties.

These are only a few of the considerable number of achievements, owing, in no small part, to our partners in the community—County, State and local leaders; generous donors—individuals, businesses, and foundations.

Many thanks to all and every good wish for a happy and successful 2017!

Sincerely,

BRIAN DOYLE
CEO

Thank you to our leadership partner

HEALTHQUEST

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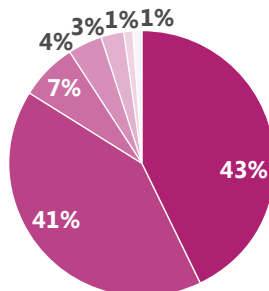
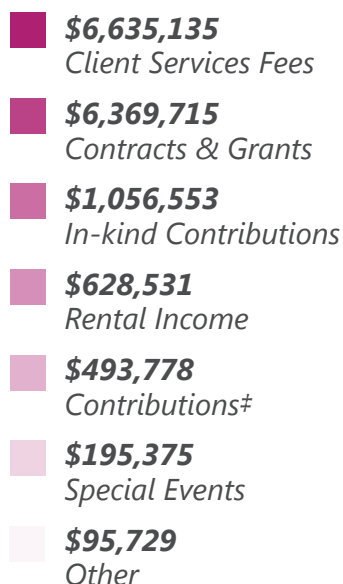
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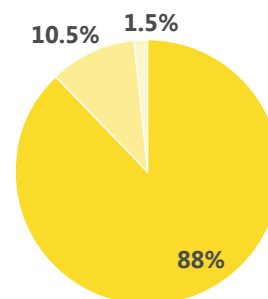
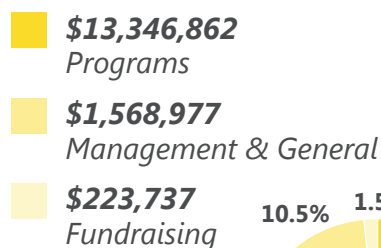
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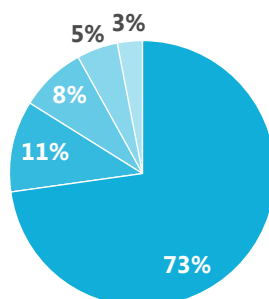
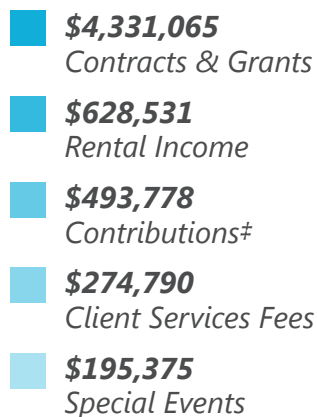
CONSOLIDATED EXPENSES†

\$15,139,576



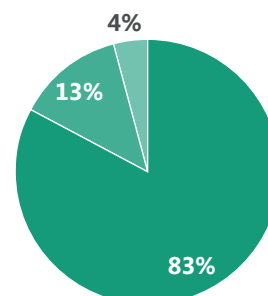
FAMILY SERVICES INCOME

\$5,923,539



FAMILY SERVICES EXPENSES

\$5,723,854



* Preliminary unaudited numbers

† Includes results of affiliate Hudson Valley Mental Health, Inc.

‡ Includes \$250k contribution pledged in prior year for 2016 operations

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*Your
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someone's
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We help people help themselves, but we can't do it alone. Your help is critical. There are lots of ways you can help. We certainly appreciate donations. Everything we do costs money. We benefit from many grants that help underwrite the costs of our services, but it's never enough. We rely on donations from all of you to keep us growing and serving more families every year.

To us you are like a precious gem: priceless. As the world get busier every day, we know that even people with the best of intentions sometimes do not keep up with those intentions, and so for convenience, as well as for the continued sustained work of Family Services, we are asking you to be a Family Services G.E.M. A Family Services G.E.M. joins other in committing to GIVING EVERY MONTH (G.E.M.). It's as simple as checking the 'make this recurring' option when you fill out the PayPal form.

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*Development Office
Family Services
29 North Hamilton Street
Poughkeepsie, NY 12601*



Family Services

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