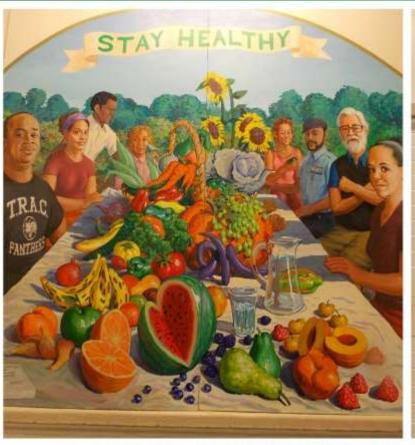
# Family Services 2014 Annual Report





Family Services Poughkeepsie, NY 12601 Phone: 845-452-1110 Fax: 845-452-1119

Providing Hope. Improving Lives. Strengthening Community

www.familyservicesny.org

**29 North Hamilton Street** 

Our Mission is to help families and individuals help themselves through direct services, collaboration, and advocacy.

0.00

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Providing Hope. Improving Lives. Strengthening Community.

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### A Message from Our Donors

#### Give To Those Who Give So Much To Others...

As the years have passed, I have come to recognize that there are few things more important than family and community. It is certainly rewarding to be recognized for hard work and a successful career, but as I look back, the most meaningful rewards to me are when I hear that somehow I have made a positive impact on someone's life. In this spirit of giving back and helping others, I have worked with many not-for-profit groups over the years. Amongst these many deserving organizations, Family Services of Poughkeepsie really stood out to me, since it is one organization focused on both community and families. With such a broad array of programs between Family Services and the various members of the Partnership Center, Family Services also offers the advantage of "one stop shopping" for anyone trying to make a positive impact on their community. By volunteering and donating to Family Services, I feel my contributions have a greater chance to impact a broad set of people in need. I also know that I am giving to an organization that really cares. I have had the great pleasure to get to know many of the staff members over the years, and I have to say that I have met few people more passionate, giving and committed than the people at Family Services. So if you are looking to make an impact... if you are looking to make a real difference in people's lives, please consider giving to Family Services of Poughkeepsie. Thank you.



Kevin Carswell, Vice President Worldwide Sales

Solid State Cooling Systems



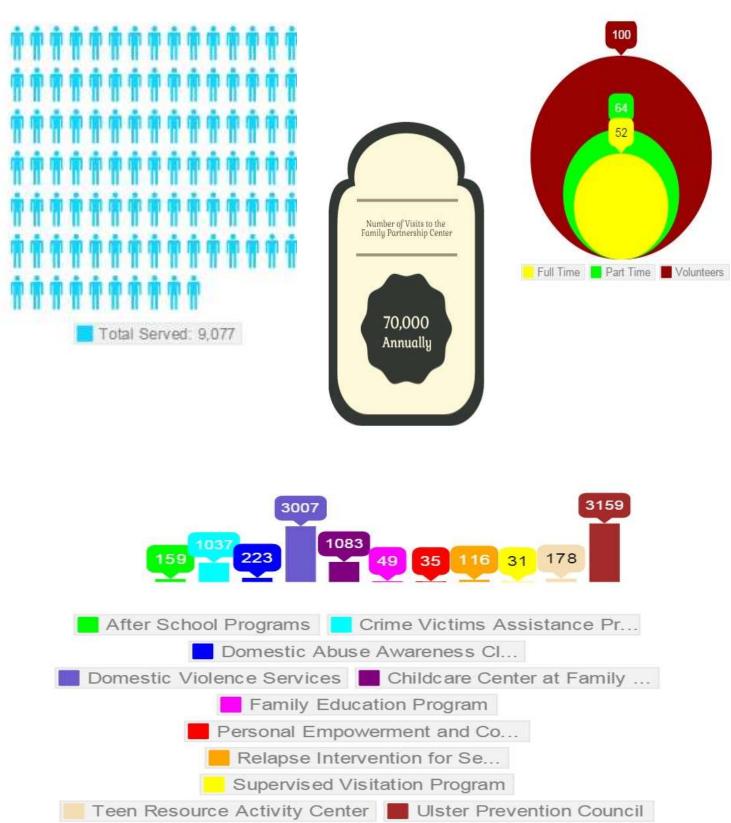
Bob Auchincloss REAL Skills Network Inc.

#### Bob Auchincloss says:

In the some fifty years I have lived in the Poughkeepsie area, I have seen it go through many phases. I was involved in the Model Cities days working with the citizens of the inner city to get affordable housing. I have worked in the Arts, but mostly I have volunteered on programs for the youth of the city. Being involved with inner city kids I see the support systems that are needed to be sure they and their families get the skills and support that they need. Having a focal point in the center of the city for these services is vital. That is why I feel Family Services and the Family Partnership Center is so important to the community and why I am eager to support it. It has been an excellent place for my program REAL Skills Network Inc. and for a place for those involved with us to learn of and see those in need and what Family Services is offering them.

# Family Services Snapshot\*

\*All numbers reflect 2014 activities and services



### **Family Education Program**

The Family Education Program provided home visits and interventions for 49 families at risk for abuse or neglect. More than 70% of those families made great progress in reducing the risk of child abuse and strengthening their family bonds. The Family Education Program had its first annual SUMMER SIZZLE at The Anchor, a local pub located in Midtown Kingston. Live music was performed by Denise Parent, Mike Johnson and Gregg Low. Denise Parent is the programs' assistant by day and a professional musician by night. As a strong supporter of the child abuse prevention work done in the program, she enlisted other musicians to volunteer their time to support the cause. This event was the first of its kind for the program and our hope is that it will get larger and larger each year attracting more supporters of the critical services provided to the parents and children in Ulster County.





Community members stamped their hands on our "These Hands Don't Hurt" banner.

#### **Domestic Violence Services**

Domestic Violence Services responded to more than 3,000 hotline calls from victims in crisis. More than 1,100 victims of Domestic Violence were referred by police to our Domestic Abuse Response Team Advocates, 54 Domestic Violence victims assessed as high risk for homicide, accepted and received services. Over 700 students in Dutchess County learned about the dynamics of domestic violence, teen dating violence, and healthy relationships. In October, Family Services facilitated a number of activities to shine the light on domestic violence, a critical issue affecting our community. Our hope was for each activity to spread awareness of our services, educate the community about domestic violence, and provide opportunities for different groups to become involved in the issue. Family Services staff offered two opportunities for community members to learn more about the very difficult decisions a victim of domestic violence must make to find safety for themselves and their children through the "In Her Shoes" training curriculum. This is an interactive training where 26 participants experienced these issues first hand. In addition to these planned events, Silent Witnesses were displayed in the Family Partnership Center as well as other areas in the community.

### **Crime Victims Assistance Program**

Crime Victims Assistance Program provided services to more than 1,000 victims of crime, of those over 250 were victims of sexual assault. The Crime Victim's Rights Week event, "Surviving and Thriving" Art Show and awards ceremony was another great success. It was held at the Cunneen-Hackett Arts Center in Poughkeepsie and was attended by local community members, survivors, law enforcement, local agencies and politicians. The following honors were given out: Rosie, posthumously, the first judicially recognized courthouse dog in New York State along with her owners, Dale and Lu Picard, Senator Kirsten Gillibrand for her work on sexual assault in the military, and Hyde Park Police **Ruscillo.** Participants Detective, Jason also enjoyed viewing the art work created by survivors of crime and many who attended spoke about how they were enlightened to the effects of crime on individuals and impressed by their resilience.



2014 National Day of Remembrance for Murder Victims



TRAC Dance Team auditions at the Apollo

#### **Teen Resource Activity Center -TRAC**

In 2014, Family Services Teen Center provided a safe and caring environment for 178 at risk youth from the City of Poughkeepsie. In September a new curriculum was brought for TRAC, one that is geared specifically toward steering kids away from gang activity and substance abuse, two important areas in which Family Services hopes to make headway in keeping our kids safe and on a good life's course. The use of the curriculum was funded through a grant from the Dutchess County Agency Partner Grant Program, following a competitive proposal process.



Krieger Elementary Youth Council

#### **Ulster Prevention Council**

### **Afterschool Programs**

Family Services hosts after school programs at Krieger and Clinton Elementary schools for over 159 children in the City of Poughkeepsie School District. The after school program had both a challenging and triumphant year in 2014. As our first round of OCFS funding through the Advantage grant came to a close, we submitted a new proposal to gain funding through the same grant to secure funding through 2019. Of the 261 applicants statewide that applied for the grant, only 25% were awarded the funding, including our after school programs. As a result of the funding, Family Services was able to continue providing quality, licensed after school care in the City of Poughkeepsie District for elementary students at Krieger and Clinton. In addition, we continue to provide services to the students of Morse, Warring and Smith elementary through free busing services in partnership with First Student Bus Company and have expanded our services to middle school students under the age of 13.

The Ulster Prevention Council strives to empower Ulster County school districts and grass roots groups, to implement high quality, evidence-based practices in substance abuse prevention based on the need of each as determined by survey assessment data. We also provide direct services in the Kingston and Ellenville school districts. In early 2013, the Ulster Prevention Council partnered with the Ulster County Department of Health and Mental Health to establish the Prescription Drug Task Force of Ulster County. Our members include pharmacists, Department of Social Services, Department of Health, Ulster County Mental Health, Health Alliance, Ellenville Regional Hospital, Institute for Family Health, WellCare Home Health Care, Jewish Family Services, Family of Woodstock, school district personnel, Always There Homecare, ARCS, Cornell Cooperative Extension, Ulster BOCES, Rose Women's Care Service and others. Our greatest accomplishment to date has been the establishment of permanent MedReturn medication drop-box sites in local law enforcement sites. In 2014, we were appointed to the Ulster County Against Narcotics board formed by the Ulster County Legislature and tasked with further addressing the opiate overdose epidemic.



Family Services Ulster Prevention council made valentines for the Golden Hill Nursing Home

### **Child Care Center**

Our Childcare Center at Dutchess County Family Court offered needed respite for parents and children during times of great stress. We provided a safe and nurturing haven for over 1,000 children during their family's court proceedings.

A warm, welcoming environment for children in need.

### **Supervised Visitation**

Through our Supervised Visitation Program, 31 families which included 61 parents and 40 children were able to have structured and safe visits with a non-custodial parent who is referred by the court.



### **Forensic Services**

50 North Hamilton Street, Family Services iconic home for years

Family Services is enhancing public safety through our Forensic Services. Our **Relapse Intervention for Sex Crime (RISC)** provided evidence based assessments to more than 100 convicted sex offenders and implemented treatment services to reduce their risk of reoffending. We worked with more than 200 domestic violence offenders. We helped them understand the role their belief systems played in Domestic Abuse. The staff of the Domestic Abuse Awareness Classes (DAAC) has been working closely with Casey Corcoran, Program Director at Futures Without Violence, to discuss best practices being used in batterer programs around the country. Fatherhood components are being used in several programs as a way to engage men in discussing the effects of domestic violence on children. Trauma components are also being used in some programs as it is becoming clear that many perpetrators of domestic violence have witnessed or have been the victim of abuse as children, themselves. These subjects, among others, will be looked at as the DAAC curriculum is enhanced. In December, RISC once again brought Robert McGrath, M.A., to Dutchess County. Robert McGrath is the Clinical Director of the Vermont Department of Corrections statewide network of three prison and twelve community sex offender treatment programs and is a consultant to the Vermont Department of Developmental Disabilities on sexual abuser issues. He provided a one day training on a new risk assessment instrument on which he is a codeveloper, the Risk of Sexual Abuse of Children (ROSAC). A variety of disciplines were in attendance, such as Dutchess County Office of Probation and Community Corrections, Dutchess County Department of Community and Family Services, Dutchess County Public Defender's Office, Dutchess County Family Court, Mental Health America, and United States Probation.

### Family Partnership Center and Partners

#### Treat or Tricking at the Family Partnership Center



Born Again Disciples 845-471-2578

Community Voices Heard www.cvhactionheard.org

Cornell Cooperative Extension Dutchess County www.ccedutchess.org

Dutchess County Department of Health www.co.dutchess.ny.us/countygov

Dutchess County Healthy Families www.healthyfamiliesnewyork.org

Dutchess Outreach/Lunchbox www.dutchessoutreach.org

Hudson River Community Health Care www.hrhcare.org

Hudson River Housing – Screening Site www.hudsonriverhousing.org

Hudson Valley Mental Health www.hvmh.org

John Flowers Community Events 845-471-7565





Marist Liberty Partnership Program http://www.marist.edu/academics/libertypartners hips/

Mental Health America – Mel's Place www.mhadc.com

New Day Repertory Company, Inc. 845-485-7399

Nobody Leaves Mid Hudson http://nobodyleavesmidhudson.org/

Planned Parenthood www.plannedparenthood.org

R.E.A.L. Skills Network, Inc. www.realskillsnetwork.org 845-452-6088 ext. 3169

Sadie Peterson Delaney African Roots Library 845-452-6088 x 3343

MidHudson Regional Hospital of Westchester Medical Center-The Turning Point 845-483-5512 www.midhudsonregionalhospital.org

Youth Mission Outreach www.youthmissionoutreach.org

### The Family Partnership Center: A Renewed Vision

In the fall of 2011, the adjacent Fall Kill Creek overflowed its banks as Super Storms Irene and Lee swept through the Hudson Valley. The waters engulfed major portions of the north side (the poorer part) of Poughkeepsie. The flooding that resulted caused over \$250,000 in damage within the Family Partnership Center as the basement utilities were submerged in five feet of water which knocked out boilers, electrical systems and other utilities. The flooding also caused mold and, furthermore resulted in the exposure of asbestos which, once airborne, created a contaminated condition in the building's basement. While, since those storms, the necessary repairs have been made, these weather events were a stark reminder of the threats posed by future storms. The circumstances further amplified the need for an examination of the facilities as a whole and the future sustainability of this critical community resource.



Mass Design Group is a nonprofit design firm based in Boston, MA and Kigali, Rwanda. Mass Design Group's work seeks to leverage design to improve lives through a variety of mediums, from architecture and construction to policy and research. Co-founder and CEO, Michael Murphy, is a native of Poughkeepsie and is pleased to return to his hometown, along with his team to support a renewed vision for the Family Partnership Center.



Flood waters engulf the Family Partnership Center Parking Lot

As opportunities for federal and state funding for capital projects emerged, the Leadership of Family Services decided it was time for a fresh and energizing look to the future. While still in the process of repairing the damage, Family Services learned of the availability of FEMA Hazard Mitigation Funding for which Family Services (as an agency that had suffered storm related damages) might apply for federal funding. The purpose of the funding was to mitigate against any future storms, to "harden" vulnerable properties in ways that would allow property owners avoid damages such as those suffered in the 2011 storms should there be recurrent weather events.

In March 2014 Family Services enlisted Mass Design Group to re-envision the Family Partnership Center Campus.

### The Family Partnership Center: A Renewed Vision



#### Additionally thanks to

Daikin Inc. **Designs By Keiser** Corporation eDesigns Dynamics Fellenzer Engineering, LLP **Gleason Paving** Kirchhoff-Consigli **Construction Management** Liscum McCormack VanVoorhis LLP Mazzetti Engineering R. L. Baxter Building Corp. **Transitional Builders Tri-State Folding** Partitions Vanguard Energy Solutions (VES)

With the support of the Dyson Foundation, Family Services, and Mass Design agreed to a process whereby Mass Design associates would conduct workshops with staff, partners, community stakeholders and Board members to rethink the Family Partnership Center campus. Over the summer months of 2014, MASS Design compiled the results of those discussions and also thoroughly examined the various systems within the Family Partnership Center campus, bringing sustainability and energy experts from Mazzetti Engineering and Daikin Inc., to the campus to come up with optimal solutions. An interim report was provided in July of 2014 and the study culminated in a presentation to nearly 200 members of the Poughkeepsie area community where the Mass Design Group presented their future vision for the Family Partnership Center.



### The Family Partnership Center: A Renewed Vision

But the Family Partnership Center campus also faces challenges to realize its full potential. Its perception is sometimes fuzzy in that many community people do not realize all of the services that exist and there are also concerns around neighborhood safety and accessibility.



With all of these challenges however it is clear that as one community leader said "if the Family Partnership Center goes dark the city will suffer".





Furthermore the maze like circulation within the dimly lit halls and corridors within the Family Partnership Center often pose an obstacle to ideal opportunities for collaboration in that agency adjacencies sometimes are less than perfect.



The upgrades at the Family Partnership Center are seen as a catalyst for a City in need of enlightened urban design strategies.

If you are interested in helping us move our vision forward please email us at

info@familyservicesny.org

### In 2014, Family Services Improved the lives of more than 9,000 Youth, Individuals and Families.



Family Services Programs

Crime Victims Assistance Program / Rape Crisis Services Domestic Abuse Awareness Classes Domestic Violence Services Dutchess County Family Court Child Care Center Family Education Program Family Partnership Center Personal Empowerment and Conflict Education Poughkeepsie After School Programs Relapse Intervention for Sex Crimes Programs Supervised Visitation Program Teen Resource Activity Center Ulster Prevention Council



As an affiliate of Family Services, Hudson Valley Mental Health strives to ensure that services are accessible, affordable, cost-effective, recipient-oriented, culturally sensitive, and dedicated to continuous quality improvement. HVMH operates New York State licensed outpatient mental health clinics in Dutchess and Ulster County that provide a full array of therapeutic services to adults, seniors, and families. Services are available to everyone in need, regardless of insurance or income. These services include individual or group therapy, medication, and medication management.

### 2014 Highlights



The 3rd annual Halloween Trick-or-Treat at Family Partnership Center was another success.



The 2014 Family of the Year awards honored the Honorable Albert J. and Julia C. Rosenblatt and Joseph and Andrea Kirchoff

Joan Crawford nominated for the 2014 Raising HOPE Honorees





The Coalition Against Sexual and Domestic Abuse honor Family Services' Relapse Intervention for Sex Crimes at the Annual Fall Recognition Breakfast.

Grant money, secured by Assemblyman Frank Skartados, is fixing the "considerable damage" still remaining at the Family Partnership Center.





Dennis Dean, Program Coordinator of the Teen Resource Activity Center was recognized at the Real Skills Network 1st Annual Rosa Parks Dinner and the 27th Annual Black Achievers Award.



TD Bank North Foundation joined the AT&T foundation in providing important funding for Family Services' Teen Resource Activity Center.

## 2014 Highlights

Schlossberg Family Fund of the Community Foundations of the Hudson Valley, Children's Home of Poughkeepsie, Center for the Prevention of Child Abuse, Family Services, Grace Smith House and Marist College supported an engaging conference that focused on how courthouse dogs can enable terrified, intimidated, vulnerable witnesses/victims of violence to give effective testimony in court with the comfort of a specially trained dog.





The Family Services 4th Annual Walk a Mile in Her Shoes, The International Men's March to Stop Rape Sexual Assault and Gender Violence; took place at the beautiful All Sport Outdoor Park in Fishkill

This display of red wooden figures represents the 1 in 3 women who are killed each day by their partners. This display, while tragic, offers an opportunity for those viewing it to reflect on this very critical problem facing our community.



### **2014 Employee Recognitions**

#### Elisha Cano, Maintenance



Jessica Wallach, Coordinator of Program Development and Outcomes Management



Wendy Figueroa, Site Supervisor Clinton Elementary School

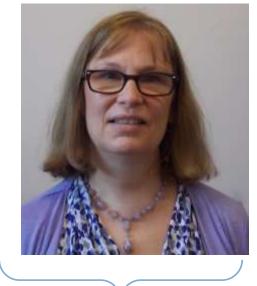








Kathy Kehrer, Program Assistant for Victim Services



#### Dear Friends,

Quite a year!

I hope you enjoyed reading this quick "year in review". I know I did!

It's a reminder for me of the many extraordinary women and men who are part of the Family Services team, working together to deliver a remarkable array of services and supports so critical to the people in need throughout Dutchess and Ulster Counties.

It was a reminder to me, as well, of our many colleagues in government, education, the criminal justice system and human services – all of whom are extraordinary partners in our work.

It was a reminder of our many supporters—foundations, businesses, banks and private donors and volunteers without whose generous support and help we just could not come close to accomplishing what we do for the children, women and men who look to us for support as they seek to achieve a better life for themselves.

And, finally, it's a wonderful reminder of the inspiration provided to us by the people whose lives we touch whether it be the child in our after school program brimming with pride and anticipation; the survivor of abuse and violence who refuses to surrender her dignity; or the father who commits to learning how to be a better parent because he loves his children and wants what's best for them.

In 2014, we unveiled a daring vision for the Family Partnership Center. And while it is surely a bold aspiration, In 2015 and beyond, we will proudly partner with all of our stakeholders in the community to realize this vision.

I thank you and I appreciate your interest and continuing support of our work here at Family Services.

Thank you.

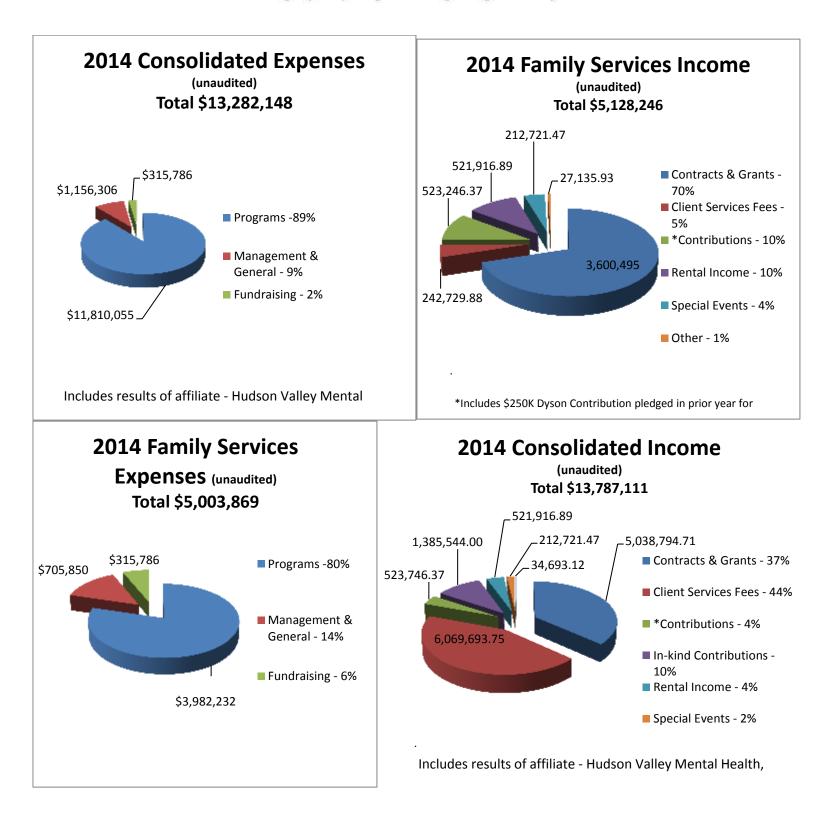
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A Message from Our CEO



Providing Hope. Improving Lives. Strengthening Community.



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