



**Family  
Services**

Providing Hope. Improving Lives. Strengthening Community.

# 2015 Annual Report



*Our Mission is to help families and individuals help themselves through direct services, collaboration, and advocacy.*

29 North Hamilton Street, Poughkeepsie, NY 12601  
Phone: 845-452-1110 Fax: 845-452-1119  
[www.familyservicesny.org](http://www.familyservicesny.org)

# 2015 Board of Directors



## Officers

**Paul Haering, Chair**

**Ruth Spencer, Vice Chair**

**Peter Leonard, Secretary**

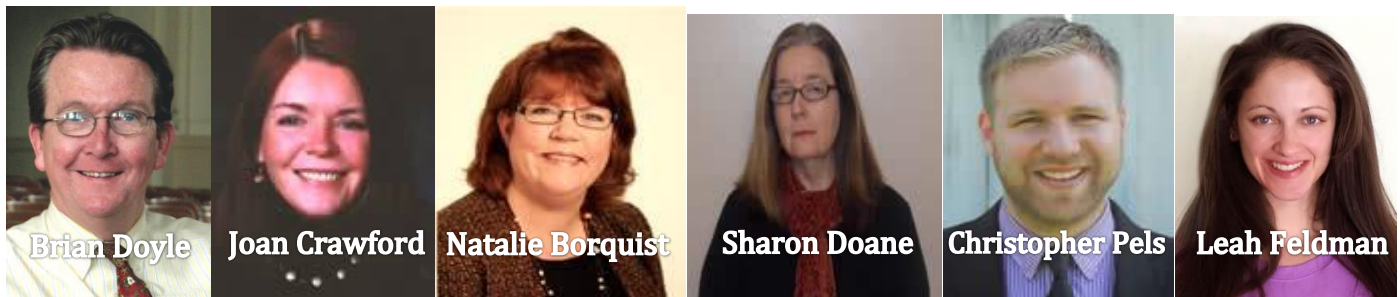
**Richard Mitchell, Treasurer**

## Board Members

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Michael Quinn  
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Carla Tesoro  
Jamie VanDodick  
Sherry Wyckoff

## Family Services Leadership Team



*Chief Executive Officer*

Brian Doyle, MPA

*Deputy Executive Director*

Joan Crawford, LCSW

*Chief Financial Officer*

Natalie Borquist, CNAP

*Director of Forensic Services*

Sharon Doane, LCSW

*Director of Center for Victim Safety and Support*

Leah Feldman, MPA

*Director of Human Resources and Risk Management*

Christopher Pels, Ed.D

## A Message from Our Donors

### *Helping to make my community great...*

While there are many charitable organizations that are important and impact change, I'm someone who cares about the city I grew up in. Therefore, I couldn't find a better organization to dedicate my time and money than Family Services and its Family Partnership Center. The Family Partnership Center on North Hamilton Street provides an array of services to Poughkeepsie and county residents.

Another Family Services initiative that I support and continue to work with is the Annual Walk-A-Mile event that raises awareness and funds to help put an end to sexual assault, and domestic violence. These funds help victims in the community escape incidents or cycles of abuse. They also help to heighten awareness so as to reduce incidents of domestic abuse and sexual violence and may help inform persons in need of the valuable services available to them. This organization, and all of the services provided by Family Services, help make Poughkeepsie, Dutchess and Ulster Counties safer and better places to live. I'm proud to be associated with an organization like Family Services, for they are helping to make my community great!



**Jordan Bell**

**Instructor of English, Dutchess  
County Community College**



**Jamie VanDodick**

**Program Director, Process  
Simplification, IBM Corporation**

### *In Jamie's words...*

I am a wife, mother, daughter, sister, sorority sister, friend and I have the loving support of my family and friends through difficult times. There are some in the community who don't have that support. Family Services is there for them and their families. I am honored to be a part of Family Services through my work as a Board member.

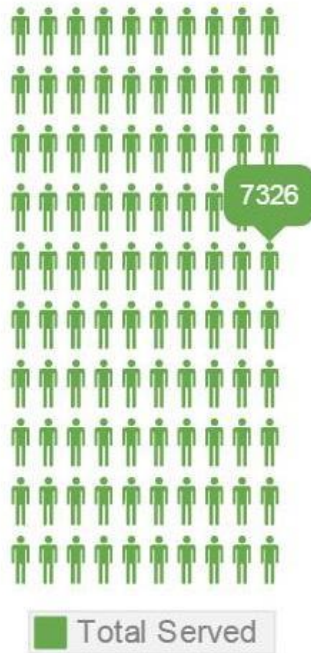
Donating to Family Services is where I can maximize my support for my community and those who need it most.

I contribute to the work of Family Services because, as Anne Frank said: *"No one ever has become poor from giving"*.



# Family Services Snapshot

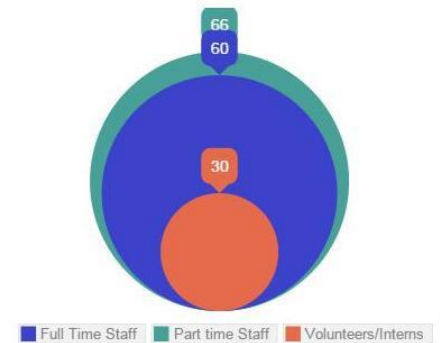
All numbers reflect 2015 activities and services



**Number of Visits to the Family Partnership Center**



70,000 + Annually



\*Beyond the 2300 people who received substantial victim services, the Center for Victim Safety and Support received 5200 hotline calls throughout the year

# Center *for* Victim Safety *and* Support

Family Services has been providing state of the art comprehensive services to victims of crime since 1992. Our role in serving victims grew significantly in 2004, when we took on what was then known as Battered Women's Services (later renamed, Domestic Violence Services of Dutchess County). We have continued to develop victim centered best practices which include initiatives in 2015 such as our Lethality Assessment Program and Sexual Assault Response Team (see page 10).

In 2015 we continued to develop by merging what had been two distinct programs (the Crime Victims' Assistance Program and Domestic Violence Services) to create a unified system of care and community response: Family Services' Center for Victim Safety and Support.

This integration of services has further strengthened our response to victims of crime, including even greater access to advocacy, crisis intervention and therapeutic trauma services.

In 2015 the Center for Victim Safety and Support provided services to more than 2300 victims of crime. Of those, over 220 were victims of sexual assault, and over 1600 were



Through an initiative launched by the Dutchess County District Attorney Bill Grady, his office has partnered with Family Services introducing Bosch, a specially trained dog which provides comfort and support to victims whether in the courtroom or in treatment.

victims of domestic violence. The staff responded to more than 5200 hotline calls from community members in need, and 1175 victims of domestic violence were referred to our Domestic Abuse Response Team Advocates by police.

Fifty-seven domestic violence victims assessed as being at high risk for homicide were referred to our High Risk Case Manager. Our Lethality Assessment Program expanded to include 7 local police departments.

The Crime Victims' Rights Week event, "NO MORE Photography Show and Awards Ceremony" was another great success. Held at the Cunneen-Hackett Arts Center in Poughkeepsie, it was attended by local community members, survivors, law enforcement, local agencies and politicians. The following individuals were honored: Judy Lombardi, formerly of Grace



## Afterschool Programs



Family Services hosts after school programs at Krieger and Clinton Elementary schools for over 100 children in the City of Poughkeepsie School District. The After School Program began another successful year due to funding through the Advantage grant through the New York State Office of Children and Family Services. As a result of the funding, Family Services was able to continue providing quality, licensed after school care in the City of Poughkeepsie District for elementary students at Krieger and Clinton through 2019. In addition, we continue to provide services to the students of Morse, Warring and Smith elementary through free busing services in partnership with First Student Bus Company and have expanded our services to middle school students under the age of 13.

## Teen Resource Activity Center -TRAC

In 2015, the Teen Resource Activity Center (TRAC) provided a free, supervised place for more than 150 teens from the City of Poughkeepsie to come after school. From 3:30-8:30 Monday through Thursday young people engaged in sports, performing arts, completed homework, relaxed with friends, and ate nutritious meals. They also had the opportunity to participate in summer employment, anti-violence and healthy workshops. This year we were joined by Dr. Jocelyn Smith Lee (affectionately called Dr. J) who spends time getting to know our kids and facilitating Teen Talk groups.





## Child Care Center

Our Childcare Center at Dutchess County Family Court offered needed respite for parents and children during times of great stress. We provided care to over 1000 children who participated in dramatic play, arts and crafts, computer games, board games and an extensive library of books to read and take home. Monthly curriculum enhances the events of each month.

We support the families with updated referral services from parenting programs, shelters, community services like day care, and support for grandparents who raise grandchildren. We help the community with clothes and any service they might require.



## Supervised Visitation

The Supervised Visitation Program of Family Services has provided supervised visitation services at Dutchess County Family Court to 35 non-custodial parents and 49 children. In addition, professional monitors provide counseling, support, referrals and parent coaching to both custodial and non-custodial parents. They provide neutral and objective court reports to family court judges to assist in their decisions regarding family safety. Dutchess County Family Court provides a tremendous amount of in-kind support, including Court Officers to provide security and child care and office space for the program's operation. Our community views this as a critical service and ongoing efforts are being made to expand this program.

## Forensic Services

Family Services is enhancing public safety through our Forensic Services. Our Relapse Intervention for Sex Crime Program (RISC) provided evidence based assessments to more than 100 convicted sex offenders and implemented accountability and treatment services to reduce their risk of reoffending.

We worked with more than 250 men and women in our domestic violence programs in both the community and in the Dutchess County Jail. 2015 has been a year rich in training opportunities for the RISC program. In addition to the Association for the Treatment of Sexual Abusers (ATSA), New York State Chapter conference which staff RISC has been fortunate to attend annually, RISC staff participated in a nine-part training series: "Sentencing, Management, Apprehending, Registering and Tracking (SMART)". Other training included Trauma Informed Care with Sexual Offenders, presented by Jill Levinson, PhD, and Integrating Sex Offender Research into Practice, presented by Robert McGrath, M.A. A two-day training on Dialectical Behavioral Therapy, offered by The Linehan Institute and co-hosted by Hudson Valley Mental Health and Dutchess County Department of Behavioral and Community Health further equipped our clinical staff in this challenging work.



*50 North Hamilton Street, Family Services iconic home for years*

Kelly Bunt, Clinical Supervisor of RISC, was a member of a panel of professionals who hosted a training on sexual assault for the New York Women in Law Enforcement.

New curricula for both the Domestic Abuse Awareness Classes for men (DAAC) and the Personal Empowerment and Conflict Education for women (PEACE) programs are being used to further the effectiveness of our Forensic Services. The DAAC curriculum, Violence No More by Michael Paymar, MPA, is designed to help men who batter to understand, monitor and stop their abusive and controlling behavior.

The new PEACE curriculum, Vista Program for Women Who Use Force, developed by Jersey Battered Women's Services, Inc.(JBWS), uses a philosophy that validates domestic violence survivorship and diverse life experiences, while encouraging accountability and focusing on personal choice. Finally our facilitators attended a program by Tony Porter, founder of A CALL TO MEN, a leading national violence prevention organization providing training and education for men, boys and communities.



## Family Education Program

The Family Education Program provided home visits and parenting groups to over 50 families in 2015. More than 80% of those families made great progress in reducing the risk of child abuse and strengthening their family bonds. The Family Education Program has expanded, adding a part time Family and Child Development Specialist to coordinate the Babies First Initiative (BFI). We launched the Babies First Initiative, an intensive case management model at the request of the Ulster County Department of Social Services in recognition of our highly effective prevention work.

The goal of BFI is to prevent infants from languishing in the foster care system and to maintain the bond between baby and parent until reunification or permanency can be established. The Family and Child Development Specialist provides intensive services to parents who've had their infant removed from their care.

Family Education Program Supervisor, Amy Cole – a national trainer/consultant for Nurturing Parenting Programs - offered a three day facilitators training at the Family Partnership Center. As the only certified trainer in the southern portion of New York State, it is critical to make this training accessible and spread Nurturing Parenting skills throughout the state. In addition, she has also provided several community presentations on the Adverse Childhood Experiences Study, a landmark study conducted in the late 1990's demonstrating the correlation between adverse childhood experiences and later negative physical and mental health outcomes for adults.



“Our New Home”

**The Family Education Program and Ulster Prevention Council have moved to a beautiful new fully accessible location in uptown Kingston. Visit us at 100 Aaron Court, Kingston, NY 12401!**

## Ulster Prevention Council

prescription drug and heroin addiction. Strategies include community forums and events to raise awareness, supplying naloxone to reverse overdoses, placing drug disposal boxes in each locality, discussing prescribing practices; reducing access to drugs in the community, faster access to treatment services and media messages to raise awareness.

UPC partners with school districts to produce high-quality youth-produced social messages to address our identified priorities: reducing stigma so that families seek help; reducing access to illicit and Rx drugs; increasing the perception of harm; increasing awareness of the Social Host Law which forbids an adult from serving alcohol to a person under 21 who is not their child.

UPC also implements high quality, evidence-based prevention curriculum for youth. UPC provides the Model Program: [Too Good for Drugs](#) in Kingston and Ellenville, and trains others to implement the program. UPC serves as a training and resource center, providing a wide array of Substance Use Disorder workshops, and technical assistance throughout the community.

The Ulster Prevention Council (UPC) works to prevent substance use by looking at the community's strengths and needs and selecting strategies that have been proven to work.

UPC works with school districts, communities and the county as a whole to engage all sectors of the community to share resources and implement best prevention practices.

UPC partners with the County's Departments of Health and Mental Health on the Prevention Drug Task Force of Ulster County and the Legislature's Ulster County Against Narcotics Board to address

## Sexual Assault Response Team (SART)

The Sexual Assault Response Team (SART) was launched in September 2015 through the efforts and support of County Executive Marcus Molinaro and the Dutchess County Legislature led by Chairman Rob Rolison. It is a multidisciplinary team of individuals working to provide victim-centered, trauma informed care to victims of sexual assault. Designed to fit the needs of our community, our goals are providing compassionate and competent response to address the trauma of sexual violence; empower victims; improve physical and emotional health outcomes; increase reporting; increase accountability of offenders; increase community awareness; and decrease sexual violence through both accountability and primary prevention.



Donna Palomba, survivor and founder of Jane Doe No More, Inc. and Chief Gary MacNamara, Fairfield Police Department, presented on Duty Trumps Doubt regarding Trauma-Informed Sexual Violence Investigation.

Left to right: Whitney Bonura, Universal Response to Domestic Violence Coordinator; Jen Herman, SART Coordinator; Donna Palomba; Chief Gary MacNamara; Sharon Doane, Director of Forensic Services



Joseph Storch, Associate General Counsel of SUNY and drafter of Enough is Enough legislation passed in 2015 that increased mandates on campuses for prevention, response and reporting and allocated funding to rape crisis programs and NYS police for responding to campus sexual violence.

Left to right: Kelly Grab, Interim Title IX Coordinator at Vassar College; Joe Storch; Jen Herman, SART Coordinator

Growing out of a recognized need for a coordinated community response to sexual violence, representatives from the Dutchess County District Attorney's Office, the Dutchess County Department of Behavioral and Community Health's SAFE Program, the Center for Victim Safety and Support, and the Dutchess County Department of Community and Family Services worked collaboratively with Family Services to develop and realize a vision and plan for SART.

In September, Jen Herman took on the role of Sexual Assault Response Team Coordinator with Family Services to lead the SART initiative thanks to funding from the County of Dutchess and the NYS Division of Criminal Justice Services. In addition to building membership and infrastructure, the team held two trainings in December geared toward collaboration and trauma-informed response.

As we head into 2016, SART is developing a best-practice county-wide protocol in collaboration with local law enforcement and other key responders, including our hospitals and college campuses to address sexual violence and institutionalize evidence-based trauma-informed practices.

## Sexual Violence Prevention (SVP)

Family Services has provided sexual violence prevention classes at Marist College for seven years with funding from the NYS Department of Health. More recently we have been able to expand the program with funding from the United Way of the Dutchess-Orange Region and the NYS Department of Health and Health Research, Inc. In 2015 FSI began the first full year of a multi-year regional sexual violence prevention collaboration with Westchester Community Opportunities Program/Victim Assistance Services (WestCOP) in Westchester County and Mental Health Association/Rape Crisis (MHA) in Orange County. This partnership has allowed us and our regional partners to expand sexual violence prevention programming to reach high school and college students in the three-county region. MHA provides the Safe Dates program in high schools in Orange and FSI and WestCOP providing Mentors in Violence Prevention bystander intervention programs in colleges in our respective counties. In 2015, FSI served 50 college students in our 12-hour Mentors in Violence Prevention program, 8 college students in Westchester County, and 127 middle school aged students through the Safe Dates prevention curriculum in Orange. We are currently implementing a regional social norming media campaign using photography and storytelling which allows both participating youth and community members to tell their sexual violence prevention stories in a way that is meaningful to them.



30 TDX (Theta Delta Chi.) Fraternity Boys from Marist College that completed the 12hour MVP program on December 6, 2015

# NO MORE

## TOGETHER WE CAN END DOMESTIC VIOLENCE & SEXUAL ASSAULT



# Family Partnership Center Partners



Since 1997 the Family Partnership Center has forged community partnerships through collaboration and advocacy in the areas of health and human services, and provided cultural, educational, recreational, and mentorship opportunities to improve the lives of individuals and families.

Born Again Disciples  
845-471-2578  
[www.bad-ny.com](http://www.bad-ny.com)

Community Voices Heard  
845-790-5945  
[www.cvhactionheard.org](http://www.cvhactionheard.org)

Dutchess County Department of Health  
845-486-2963  
[www.co.dutchess.ny.us/countygov](http://www.co.dutchess.ny.us/countygov)

Dutchess County Healthy Families  
845-452-3387  
[www.healthyfamiliesnewyork.org](http://www.healthyfamiliesnewyork.org)

Dutchess Outreach/Lunchbox  
845-454-3792  
[www.dutchessoutreach.org](http://www.dutchessoutreach.org)

Fall Kill Partnership Gardens  
845-392-4180

Family Services  
845-452-1110  
[www.familyservicesny.org](http://www.familyservicesny.org)

Hudson River Community Health Care  
845-452-6478  
[www.hrhcare.org](http://www.hrhcare.org)

Hudson River Housing – Screening Site  
845-454-5176  
[www.hudsonriverhousing.org](http://www.hudsonriverhousing.org)

Hudson Valley Mental Health  
845-486-2703  
[www.hvmh.org](http://www.hvmh.org)

John Flowers Community Events  
845-471-7565

Marist Liberty Partnership Program  
845-454-4199  
<http://www.marist.edu/academics/libertypartnerships/>

Mental Health America – Mel's Place  
845-471-9329  
[www.mhadc.com](http://www.mhadc.com)

MidHudson Regional Hospital of  
Westchester Medical Center-The Turning Point  
845-483-5512  
[www.midhudsonregionalhospital.org](http://www.midhudsonregionalhospital.org)

New Day Repertory Company, Inc.  
845-485-7399

Nobody Leaves Mid Hudson  
734-548-0171  
<http://nobodyleavesmidhudson.org/>

Planned Parenthood  
845-838-1200  
[www.plannedparenthood.org](http://www.plannedparenthood.org)

Prime Health Choice  
1-855-777-4630

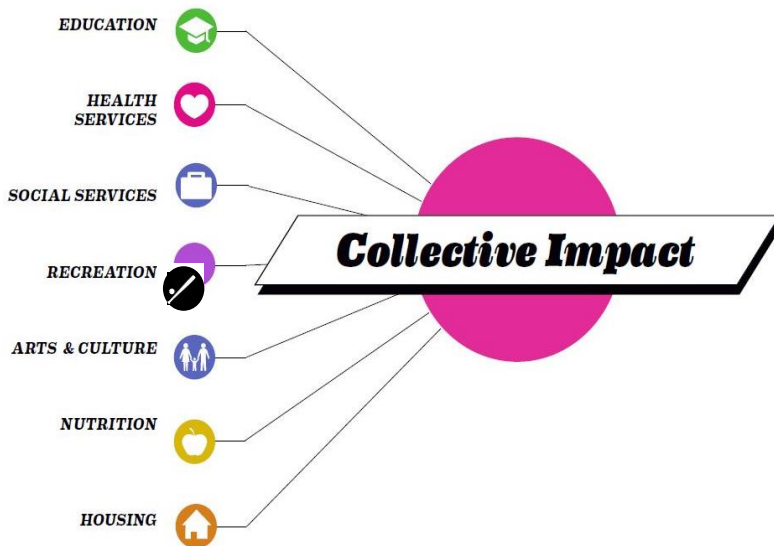
R.E.A.L. Skills Network, Inc.  
845-452-6088 ext. 3169  
[www.realskillsnetwork.org](http://www.realskillsnetwork.org)

Sadie Peterson Delaney African Roots Library  
845-452-6088 x 3343

Youth Mission Outreach  
845-473-5449  
[www.youthmissionoutreach.org](http://www.youthmissionoutreach.org)

The Family Partnership Center Campus is a strategic revitalization point in the City as it stands as a

## ***Center of Diverse Services and Experiences***



The Family Partnership Center Campus is designed to strengthen individuals, families, and the community as a whole, provides services including youth programming, primary health care, dentistry, behavioral health services, services for the homeless and emergency food provisions.

## ***The Family Partnership Youth Programs***



We continue our pursuit of major funding for capital infrastructure improvements as envisioned in last year's Mass Design Vision.

In 2015, Family Services  
Improved the lives of more than  
7,000 Youth, Individuals  
and Families.



## **Family Services Programs**

Center for Victim Safety and Support  
Domestic Abuse Awareness Classes  
Dutchess County Family Court Child Care Center  
Family Education Program  
Family Partnership Center  
Personal Empowerment and Conflict Education  
Poughkeepsie After School Programs  
Relapse Intervention for Sex Crimes Program  
Supervised Visitation Program  
Teen Resource Activity Center  
Ulster Prevention Council



As an affiliate of Family Services, Hudson Valley Mental Health strives to ensure that services are accessible, affordable, cost-effective, recipient-oriented, culturally sensitive, and dedicated to continuous quality improvement. HVMH operates New York State licensed outpatient mental health clinics in Dutchess and Ulster County that provide a full array of therapeutic services to adults, seniors, and families. Services are available to everyone in need, regardless of insurance or income. These services include individual or group therapy, medication, and medication management.



# 2015 Agency Highlights

Leah Feldman , Director of Center for Victim Safety and Support was selected as one of Dutchess County Regional Chamber of Commerce's **40 Under 40 Honorees**



Family Services staff clinician Sarah Caprioli, LMHC, along with colleagues David A. Crenshaw, PhD and Jillian Kelly, LCSW recently presented on parental incarceration and the impact on children at the Association for Play Therapy's National Conference in Atlanta.



On November 10, 2015, AT&T presented Family Services a contribution of \$10,000 dedicated to the Family Services' Teen Activity Resource Center (TRAC).

Family Services, with funding from the United Way of Dutchess-Orange Region, sponsored a lecture on Adverse Childhood Experiences (ACES) by Robert F. Anda, MD, MS, a Principal Investigator of the ACES Study, a Marist College. Nearly 135 participants were in attendance.



# 2015 Event Highlights

## Walk-A-Mile In Her Shoes



Nearly 300 people attended the Family Services 5<sup>th</sup> Annual Walk A Mile in Her Shoes event on Saturday, October 3 at All Sport Health & Fitness. Although rain caused the event to be moved indoors, the enthusiasm of the crowd was not dampened! Many of the men (but not all) walked in high heels and other assorted styles of women's shoes. In addition to walking, participants were able to visit various information tables and enjoy a kids' activity area.

*A picture is worth a thousand words...*

*Together we can make a difference.*

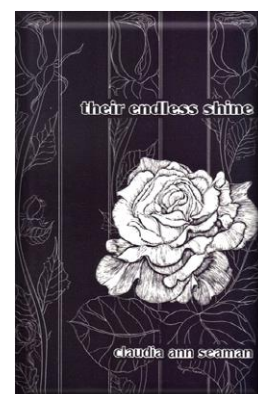
***Stop the violence.***



## Family of the Year Awards Dinner



The 2015 Family of the Year awards honored Bill & Jane Austin and Family and Hal & Elayne Seaman and Family



On April 23, Family Services hosted the 28<sup>th</sup> annual Family of The Year Awards Dinner which recognizes those individuals who have made significant contributions to the community and whose ideals reflect those of Family Services.



# 2015 Employee Recognitions

Outstanding Employees Who Make A Difference

Amy Cole, Family Education  
Program and Supervised  
Visitation of Dutchess  
County Supervisor



Sarah Caprioli, Center  
for Victim Safety  
and Support  
Trauma Therapist



Sibby Tower, Human  
Resources Generalist



Annette Hise, Forensic  
Services Program Assistant



Kathy Peluso, Center  
for Victim Safety and  
Support Coordinator  
of Training and  
Outreach



Michele Franks,  
Afterschool Program  
Coordinator





Dear Friends and Supporters,

Well, after rereading this report I'm reminded, once again, of the incredibly important work performed by the staff of Family Services for the community. As you can see Family Services offers a full array of services addressing human needs throughout Dutchess and Ulster Counties—compelling needs of the children, women, men and families who face extraordinary challenges every day of the year.



As we address these needs I am proud to say that we are constantly looking at best practices throughout the State, Country, and beyond, making sure that we incorporate evidenced based approaches in our work so that we, along with all of our supporters in the government and private sectors know that their dollars are truly making a difference in the lives of people in need.

## A Message from Our CEO

Of course we are there to support people who are confronting abuse, violence or other injuries to their bodies, minds and souls. We are committed to helping people heal from the violations they have endured and most importantly support them as they work their way toward the healing that allows them to emerge with their own personal victories.

Most important, we are here to pursue, by every means possible, the prevention of damage to people in our community. Whether it is to work with families to avert child abuse and neglect; to move domestic violence offenders away from their violent behaviors; to make sure that people who have committed sex offenses are held accountable and are less likely to commit such crimes again; or simply to work with our beautiful children in the community to help them recognize in themselves their own value, and avoid going down the wrong road and, instead, help them to realize all that they can be. These efforts in the realm of prevention are perhaps the most important work we do.

Of course we cannot do it alone. It is with friends and supporters such as you, a powerful Board of Directors and the many volunteers that work on our behalf that allow Family Services to provide hope, improve lives, and strengthen community.

Thank you.

Sincerely,

A handwritten signature in blue ink that reads "Brian Doyle".

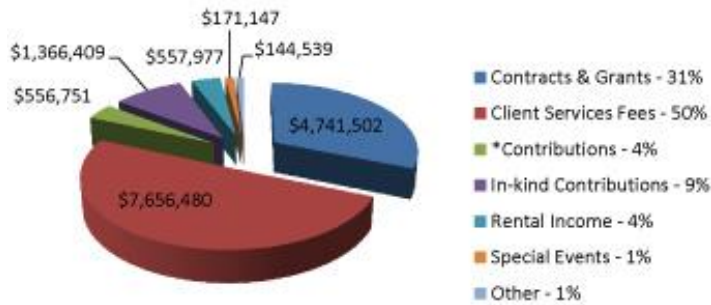
Brian Doyle



Providing Hope. Improving Lives. Strengthening Community.

### 2015 Consolidated Income (preliminary)

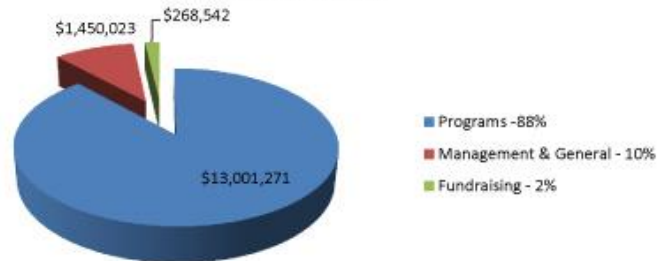
Total \$15,194,806



Includes results of affiliate - Hudson Valley Mental Health, Inc.

### 2015 Consolidated Expenses (preliminary)

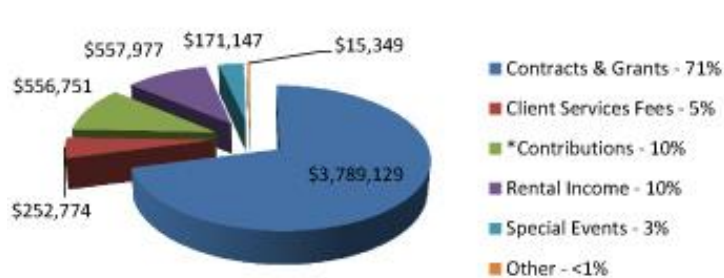
Total \$14,719,836



Includes results of affiliate - Hudson Valley Mental Health, Inc.

### 2015 Family Services Income (preliminary)

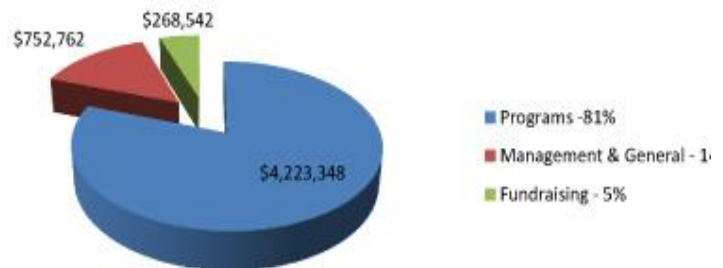
Total \$5,343,128



\*Includes \$250K Contribution pledged in prior year for 2015 operations

### 2015 Family Services Expenses (preliminary)

Total \$5,244,652



# 2015 Donors

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 Church Communities Foundation  
 Lisa Clark  
 Peter Clark & Timmian Massie  
 Cleveland Plumbing & Heating  
 Amy Cole  
 Alan Colodner  
 Michael Colodner  
 Susan Colodner  
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